

# WELCOME TO BEN & IRV'S

**Catering at its  
finest for  
all occasions**



**215-355-2000**

fax: 215-364-6638

1962 County Line Road, Huntingdon Valley, PA 19006 • [www.benandirvs.com](http://www.benandirvs.com)





## soups

	Cup	Bowl
HOMEMADE SOUP OF THE DAY .....	3.99	5.50
HOMEMADE CHICKEN SOUP .....	3.99	5.50
MATZOH BALL or KREPLACH .....	4.99	6.99
HOMEMADE CABBAGE BORSCHT .....	4.99	6.99
COLD BORSCHT & SOUR CREAM.....	3.50	4.99

**CROCK OF FRENCH ONION . . . 5.99**

*with Melted Cheese*

All soups served with crackers only

Bread 1.50 extra

## appetizer platters

**NOVA SCOTIA or**

**REGULAR (Salty) LOX\* . . . 19.99**

with Crisp Lettuce, Tomato, Cucumber,  
Onion and Greek Olives

**KIPPERED SALMON\* . . . 19.99**

with Crisp Lettuce, Tomato, Cucumber,  
Onion and Greek Olives

**SMOKED SABLE\* . . . 22.99**

with Lettuce, Tomato, Cucumber,  
Onion and Greek Olive

**JUMBO WHITEFISH\* . . . 18.99**

with Lettuce, Tomato, Cucumber,  
Onion and Greek Olives

**WHITEFISH SALAD\* . . . 14.99**

with Lettuce, Tomato, Cucumber,  
Onion and Greek Olives

**CHOPPED HERRING\* . . . 14.99**

with Lettuce, Tomato, Cucumber,  
Onion and Greek Olives

**HOMEMADE PICKLED HERRING\* . . . 14.99**

in Cream Sauce with Lettuce, Tomato,  
Cucumber, Onion and Greek Olives

**LOW-FAT TUNA FISH SALAD or**  
**ALBACORE TUNA SALAD . . . 14.99**

with Lettuce, Tomato, Cucumber and Onion

**TUNA . . . 13.99**

(Individual Can)

with Lettuce, Tomato, Cucumber & Onion

**SALMON . . . 13.99**

(Individual Can)

with Lettuce, Tomato, Cucumber and Onion

**COLOSSAL SHRIMP SALAD . . . 18.99**

with Lettuce, Tomato, Cucumber and Onion

**LOW-FAT CHICKEN SALAD or**

**CHUNKY CHICKEN SALAD . . . 14.99**

with Lettuce, Tomato, Cucumber and Onion

**EGG SALAD . . . 10.99**

with Lettuce, Tomato, Cucumber and Onion

**CHOPPED LIVER . . . 14.99**

with Lettuce, Tomato, Cucumber and Onion

**SHRIMP COCKTAIL (5) . . . 15.99**

with Lemon and Cocktail Sauce

*Above Platters Include Bread and Butter*

*\* Starred Items Include Cream Cheese*

## hot appetizers

**OUR FAMOUS**

**HOMEMADE CHEESE BLINTZES (3)**

with Sour Cream or Apple Sauce . . . 11.99

with Blueberry or Cherry Topping . . . 12.99

**FRIED SHRIMP POPPERS . . . 11.99**

**BREADED CHICKEN WINGS . . . 9.99**

with Honey or Barbeque Sauce

**HOT WINGS "BUFFALO STYLE" . . . 9.99**

with Celery & Blue Cheese Dressing

**DIJON MUSHROOMS . . . 8.99**

(Breaded and Fried)

**HAND BATTERED ONION RINGS . . . 8.99**

half order . . . 4.99

**CHEESE FRENCH FRIES . . . 5.99**

half order . . . 4.49

**BASKET OF SWEET POTATO FRIES . . . 7.99**

with Honey Mustard Sauce

half order . . . 4.99

**FRIED MOZZARELLA STICKS . . . 8.99**

with Marinara Sauce

**BOARDWALK WAFFLE FRIES . . . 8.99**

with Cheddar Cheese Sauce

half order . . . 5.99

**KNISH - 3.49**

Potato, Kasha, Spinach, Rice, Pizza, Cheese, Veggie Liver

**POTATO PANCAKES (4) . . . 11.99**

with Sour Cream or Apple Sauce

half order . . . 6.99

**POTATO PIROGIES (8) . . . 9.99**

Boiled or Fried

**POTATO SKINS (4) . . . 6.99**

with Bacon & Cheddar Cheese or  
with Mozzarella & Pizza Sauce

**APPETIZER SAMPLER . . . 11.99**

Choice of any three from above

**SHRIMP IN A BASKET (5) . . . 14.99**

with French Fries and Coleslaw

**CHICKEN FINGERS BASKET (5) . . . 14.99**

with French Fries and Coleslaw

## side orders

**POTATO SALAD . . . 3.50**

**COLESLAW . . . 3.50**

**MACARONI SALAD . . . 3.50**

**HEALTH SALAD . . . 3.50**

**TOSSED SALAD . . . 5.99**

**KUGEL . . . 3.99**

**KASHA & BOWTIES . . . 4.50**

**LETTUCE & TOMATO . . . 2.49**

**HEARTS OF LETTUCE . . . 2.99**

**CUCUMBER SALAD . . . 3.50**

**APPLE SAUCE . . . 1.99**

**POTATO PANCAKE . . . 3.50**

**COTTAGE CHEESE . . . 3.50**

**AMERICAN CHEESE . . . 1.99**

**JARLSBERG CHEESE . . . 2.99**

**IMPORTED SWISS CHEESE . . . 2.99**

**SWEET MUENSTER CHEESE . . . 2.99**

**FRENCH FRIES . . . 3.99**



# the salad bowl

## SALAD DRESSINGS

Blue Cheese • Russian • Caesar • Creamy Italian • Balsamic • French  
Honey Mustard • Oil & Vinegar • Ranch • Asian Toasted Sesame  
Low-fat Caesar • Non-fat Italian • Non-fat Honey Mustard

### 1S - BEN & IRV SPECIAL SALAD . . . 15.99

Large Tossed Salad with Tomato Wedges, Cucumber Slices, Croutons, Bacon, Hard Boiled Egg and Cold Shrimp, topped with Our Special Dressing

### 2S - CHEF SALAD . . . 13.99

Choice of Two Meats and One Cheese, Hard Boiled Egg, Tomato Wedges, and Fresh Assorted Vegetables, over Crisp Garden Greens

#### OR

with Canned Tuna . . . 13.99  
with Tuna Salad . . . 13.99  
with Chicken Salad . . . 13.99  
with Seafood Salad . . . 13.99  
with Chicken Breast . . . 14.99  
with Egg Salad . . . 10.99

### 3S - CRISPY CHICKEN SALAD . . . 13.99

with Crispy Chicken, Bacon, Cheddar Cheese, Romaine Lettuce, Tomato, Onion and Ranch Dressing

### 4S - SPINACH SALAD . . . 11.99

Mushroom, Bacon, Onion, Croutons and Hard Boiled Egg

### 5S - WHOLE COLD SHRIMP PLATTER . . . 16.99

Fresh Jumbo Shrimp, Hard Boiled Egg, Cucumber Slices, Olives and Tomato Wedges

### 6S - DELUXE SALAD . . . 15.99

Tuna, Egg and Chicken Salad, Potato Salad, Coleslaw, Tomato Wedges, Cucumber Slices and Olives

### 7S - CHICKEN CAESAR SALAD . . . 13.99

Tossed with Delicious Caesar Dressing and Topped with Strips of Marinated Chicken Breast, Roasted Peppers & Croutons  
Plain Caesar Salad . . . 7.99  
Grilled Shrimp Caesar Salad . . . 13.99

### 8S - FRIED EGGPLANT SALAD . . . 11.99

Fried Eggplant, Hard Boiled Egg, Tomato Wedges, Feta Cheese and Assorted Vegetables over Crisp Garden Greens

### 9S - MEDITERRANEAN SALAD . . . 18.99

Fresh Cold Shrimp, Fresh Jumbo Lump Crabmeat and Seafood Salad over a Large Tossed Salad with Tomato, Cucumber, Hard Boiled Egg and Croutons

### 10S - BALSAMIC MARINATED GRILLED CHICKEN BREAST . . . 15.99

Over a Tossed Salad with Tomato, Broccoli and Feta Cheese, Topped with Toasted Pita Bread Points

### 11S - GREEK SALAD . . . 12.99

Tossed Salad Topped with Tomatoes, Onions, Cucumbers, Olives, Hard Boiled Egg and Feta Cheese, served with Greek Dressing

### 12S - PORTABELLA MUSHROOM PLATTER . . . 15.99

Grilled Portabella Mushrooms Topped with Low-Fat Tuna and Low-Fat Chicken Salad, Surrounded by Fresh Garden Vegetables, Served with your Choice of Dressing

### 13S - "OUR FAMOUS" CHINESE CHICKEN SALAD . . . 13.99

with Sliced Chicken Breast, Chinese Noodles, Mandarin Orange, Walnuts, Over Mixed Greens with Sesame Plum Dressing

### 14S - CHOPPED CHICKEN SALAD . . . 14.99

with Chopped Romaine, Spring Mix & Iceberg Lettuce, Grilled Chicken, Cran Raisins, Pecans, Tomato, Carrots and Chunks of Bleu Cheese in our Special Vinaigrette

### 15S - AVOCADO CHICKEN SALAD . . . 15.99

with Romaine Lettuce, Sliced Chicken Breast, Avocado, Crumbled Bacon, Egg, Tomato and Diced Purple Onion served with Ranch Dressing

*Above platters include Bread and Butter*

## cold platters

*No Substitutions Please*

### CP - 1 FRESH FRUIT & HOMEMADE SALADS

with Chicken Salad . . . 13.99  
with Chicken Waldorf Salad . . . 14.99  
with Shrimp Salad . . . 17.99  
with Tuna Salad . . . 12.99  
with Egg Salad . . . 10.99

#### FRESH FRUIT

with Sherbet or Ice Cream . . . 8.99

### CP - 2 TUNAFISH SALAD . . . 15.99

with Tomato, Lettuce, Sliced Cucumber, Black Olives, Potato Salad and Coleslaw

### CP - 3 CHICKEN SALAD . . . 15.99

with Potato Salad, Coleslaw, Sliced Tomato, Lettuce, Sliced Cucumber and Black Olives

### CP - 4 INDIVIDUAL CAN OF SALMON . . . 14.99

with Potato Salad, Coleslaw, Sliced Tomato, Lettuce, Sliced Cucumber and Black Olives

### CP - 5 EGG SALAD . . . 12.99

with Potato Salad, Coleslaw, Sliced Tomato, Lettuce, Sliced Cucumber and Black Olives

### CP - 6 IMPORTED SKINLESS & BONELESS SARDINES . . . 12.99

with Hard Boiled Egg, Sliced Tomato, Lettuce and Potato Salad

### CP - 7 ASSORTED COLD CUTS (can feed two) . . . 18.99

Corned Beef, Roast Beef, Pastrami, Turkey Breast, Swiss Cheese, Potato Salad, Coleslaw, Lettuce and Tomato

### CP - 8 CHOPPED LIVER . . . 15.99

with Potato Salad, Coleslaw, Sliced Tomato, Lettuce, Sliced Cucumber and Black Olives

### CP - 9 SHRIMP SALAD . . . 19.99

with Potato Salad, Coleslaw, Sliced Tomato, Lettuce, Sliced Cucumber and Black Olives



# healthy choice fitness menu

## GREAT START - FITNESS BREAKFAST

We Offer Gluten Free Bread .75 extra

**F1**

### **BODY-BUILDER SPECIAL DOUBLE WRAP**

**11.99**

With Egg Whites, Bacon, Sausage, Ham, Mushrooms, Peppers, Onion & Cheese, served with Home Fries

**F2**

### **STEAK AND EGGS**

**17.99**

A Juicy 10oz. Sirloin Steak with Two Country Fresh Eggs, served with Home Fries

**F3**

### **LITE, LOW-FAT, LOW-CARB BREAKFAST**

**8.99**

A Two Egg Whites Vegetable Omelette, served with Low-Fat Cottage Cheese and Less Bread Wheat Toast

## **BEN & IRV HIGH PROTEIN HE-MAN OMELETTES . . . 11.99**

### **HUGE EGG WHITE OMELETTES**

**F4-1**

Four Egg Whites Omelette with Low-Fat Ham, Pepper, Onions and Low-Fat American Cheese, served with Fresh Fruit

**F4-2**

Four Scrambled Egg Whites with Sautéed Vegetables Topped With Melted Slender American Cheese, served with Fresh Fruit

**F4-3**

Four Egg Whites Turkey Sausage Omelette with Low-Fat American Cheese, served with Fresh Fruit

**F5**

### **BEN & IRV ENERGIZING CARBO-FRUIT**

**8.99**

Large bowl of Cut-Up Fresh Fruit Topped with Low-Fat Yogurt, covered with Granola

**F6**

### **LOW-FAT CARDIO WRAP**

**8.99**

Egg Whites, Portabella Mushrooms, Sautéed Fresh Vegetables & Low-Fat American Cheese, served with Fresh Fruit (Must Be In Wrap)

**F7**

### **TURKEY SAUSAGE, EGG WHITES & LOW-FAT AMERICAN CHEESE WRAP**

**8.99**

served with Fresh Fruit (Must Be In Wrap)

## HEALTHY LUNCH BAR

**F8**

### **BEN & IRV COBB SALAD**

**14.99**

A Mixed Green Salad with Chopped Fresh Turkey Breast, Bacon, Crumbled Blue Cheese, Hard Boiled Egg, Tomato & Olives with Choice of Dressing



**F9**

### **QUICHE OF THE DAY**

**13.99**

(ask your Server) served with Fresh Fruit & Mixed Green Salad

**F10**

### **STRAWBERRY & CHICKEN SALAD (IN SEASON) 14.99**

With Grilled Chicken Breast, Strawberries, Mandarin, Orange, Sliced Toasted Almonds, Red Onion & Sprinkled Feta Cheese over Mixed Greens, served with Sesame Plum Dressing

**F11**

### **BROILED SESAME-PLUM SALMON SALAD**

**18.99**

Broiled Chunks of Marinated Fresh Norwegian Salmon over a Romaine & Mixed Green Salad with Tomato, Cucumber, Black Olives & Purple Onion Drizzled with Sesame-Plum Dressing

**F13**

### **GRILLED CHICKEN BREAST WITH GRILLED PORTABELLA MUSHROOM 13.99**

Grilled Purple Onion with Crumbled Blue Cheese on an Oversized English Muffin, served with Sweet Potato Fries

**F14**

### **STUFFED VEGGIE PITA**

**9.99**

Grilled Vegetable Burger stuffed in a Pita Pocket with Shredded Lettuce, Tomato & Onion, served with Fresh Fruit Salad

**F15**

### **OCEANIC SALAD**

**18.99**

Fresh Grilled Shrimp, Jumbo Lump Crabmeat, Crumbled Bacon, Crumbed Feta, Fried Eggplant, Fresh Spinach, Romaine & Iceberg, Tomato, Purple Onion & Black Olives served with Balsamic Vinaigrette

**F16**

### **LOW-FAT TURKEY BURGER**

**13.99**

With Grilled Tomato, Grilled Purple Onion with Melted Low-Fat American Cheese on an Oversized English Muffin, served with Sweet Potato Fries

# healthy choice fitness menu

## DINNER AT THE SPA

F17

**BROILED  
SESAME-PLUM SALMON  
23.99**

Broiled Filet of Salmon  
with Mandarin Oranges topped in a  
Sesame-Plum Sauce,  
served with Two Vegetables.  
Choice of Soup, Salad or  
Fruit Salad

F18

**MANDARIN  
CHICKEN BREAST  
16.99**

Broiled Tender Chicken Breast  
with Mandarin Oranges  
topped in a Sesame-Plum Sauce with  
Walnut Pieces, served with  
Two Vegetables.  
Choice of Soup, Salad or Fruit Salad

F19

**LOW-FAT  
HONEY DIJON  
CHICKEN STIR FRY  
15.99**

With Grilled Chicken Breast &  
Fresh Vegetables in a Non-Fat  
Honey Dijon Sauce, served over  
White Rice. Choice of Soup,  
Salad or Fruit Salad

F20

**SIMPLY GRILLED SHRIMP  
SCALLOPS, & TILAPIA  
23.99**

served with Rice  
& Fresh Steamed Broccoli  
Choice of Soup,  
Salad or Fruit Salad

F21

**SLICED GRILLED  
CHICKEN BREAST  
(WITH TWO VEGETABLES)  
16.99**

over Fresh Spinach, Dices Plum Tomatoes,  
Garlic & Mozzarella Cheese over  
Homemade Marinara Sauce served  
Choice of Soup,  
Salad or Fruit Salad

!!! LOW CARB SPECIAL !!!

F22

**OVERSIZED GRILLED  
CHICKEN CHEESESTEAK  
PLATTER (NO BREAD)  
12.99**

with Havarti Chesse, Bacon, Peppers,  
Mushrooms & Onions served with one  
Vegetable & Tossed Salad  
*(Soup of the Day may be substituted for Salad)*

## HEALTHY SNACKS & LITE MEALS

F23

**FITNESS SALAD  
11.99**

Fresh Sliced Oven Roasted  
Turkey Breast & Low-Fat  
Alpine Lace Swiss Cheese,  
Over Fresh Spinach Leaves,  
Romaine, Iceberg & Mixed Greens,  
served with your Choice of Dressing

F24

**ROASTED VEGGIE PLATTER  
8.99**

A Snack Size Platter of  
Fresh In-Season Grilled Vegetables in  
Light Olive Oil & Garlic,  
served with A Toasted Roll

F25

**OVER-STUFFED PORTABELLA  
VEGGIE PITA  
10.99**

Stuffed Pita Pocket with  
Grilled Portabella Mushroom,  
Grilled Tomato, Garlic Spinach, Onion,  
Roasted Pepper & Crumbled Feta,  
served with Fresh Fruit

F26

**HOMEMADE  
LOW-FAT MUFFIN &  
FRESH FRUIT COMBO  
5.99**

Choose from our Variety of many  
Low-Fat Muffins,  
served with a Bowl of Fresh Fruit

F27

**LOW FAT CHOPPED SALAD  
11.99**

Fresh Turkey,  
Slender American Cheese,  
Lettuce, Tomato, Cucumber,  
Rice Noodles, Pecans  
and our Special Fat-Free  
Honey Mustard Dressing

F28

**SOUP & SALAD COMBO  
8.99**

Choose a Cup of  
Delicious Homemade Soup  
from our Selection of "Soups of the Day"  
along with a Freshly Tossed  
Garden Salad with your  
Choice of Dressing

## blanche's healthy choice platters

**HC1 - SLICED BREAST OF  
WHITE MEAT TURKEY . . . 15.99**

with Fresh Fruit Salad and Garden Vegetables,  
Choice of Dressing

**HC2 - DIJON CHICKEN SALAD  
PLATTER . . . 14.99**

Slices of White Meat Chicken on Top of  
Fresh Garden Salad with Tomato Wedges, Cucumbers,  
Olives and Hard Boiled Egg

**HC3 - STUFFED PITA POCKET . . . 12.99**

Filled with either All White Meat Tuna Salad or  
Chicken Salad with Lettuce and Tomato

**HC5 - CHICKEN WALDORF SALAD . . . 14.99**

Homemade Chicken Salad with Walnuts, Apples  
and Raisins with Garden Fresh Vegetables

**HC6 - GRILLED  
VEGETABLE HOAGIE . . . 10.50**

with Broccoli, Spinach, Mushrooms, Tomatoes,  
Peppers, Onions with Light American Cheese  
on a Toasted Italian Roll, served with Mixed Fruit

**HC7 - DELICIOUS  
GRILLED CHICKEN BREAST . . . 14.99**  
Garnished with Fresh Fruit and Garden Vegetables  
with your Choice of Dressing

**HC8 - STUFFED TOMATO . . . 14.99**

Filled with our Delicious Homemade  
Chicken Salad or Tuna Salad or Seafood Salad,  
served with Homemade Veggie Pasta Salad and  
Spring Mixed Salad with a Balsamic Vinaigrette





## B & I Special

ANY SANDWICH

add French Fries or Onion Rings or Sweet Potato Fries and a Fountain Beverage

\$3.99 extra

## cold sandwiches

- CORNED BEEF . . . 11.99
- CORNED BEEF SPECIAL . . . 12.49  
with Coleslaw and Russian Dressing
- ROAST BEEF . . . 11.99
- ROAST BRISKET OF BEEF . . . 12.99
- NEW YORK PASTRAMI . . . 11.99
- PASTRAMI . . . 11.99
- HAND CARVED ROAST TURKEY . . . 11.99
- DELI TURKEY BREAST . . . 10.49
- TURKEY PASTRAMI . . . 10.99
- SMOKED TURKEY BREAST . . . 10.99
- LOW-FAT TUNA SALAD . . . 10.49
- ALBACORE TUNA SALAD . . . 10.99
- LOW-FAT CHICKEN SALAD . . . 10.49
- CHUNKY CHICKEN SALAD . . . 10.99
- SHRIMP SALAD . . . 15.99
- SEAFOOD SALAD . . . 11.99
- KOSHER SALAMI . . . 11.99
- KOSHER BOLOGNA . . . 11.99
- TONGUE . . . 16.99
- DANISH HAM . . . 9.99
- BAKED VIRGINIA HAM . . . 9.99
- HARD JEWISH SALAMI . . . 13.49
- CHOPPED LIVER . . . 10.99
- SALMON (individual can) . . . 10.99
- TUNA (individual can) . . . 10.99
- BONELESS, SKINLESS SARDINES . . . 9.99  
with Onions
- HARD-BOILED EGG . . . 6.99  
with Lettuce & Tomato
- DUTCH STYLE LIVERWURST . . . 7.99
- PEANUT BUTTER & JELLY . . . 4.99
- EGG SALAD . . . 8.49
- BACON, LETTUCE & TOMATO . . . 7.99

## hoagies

- H1- SOUTH PHILLY ITALIAN HOAGIE . . . 11.99  
with Imported Italian Meats-Genoa Salami, Sopressata, Capocola, Prosciuto, Aged Sharp Provolone, Shredded Lettuce, Roasted Peppers, Extra Virgin Olive Oil & Italian Spices
- H2- JEWISH HOAGIE . . . 12.99  
Corned Beef, Roast Beef, Salami, Swiss Cheese, Pastrami, Lettuce, Tomato, Sliced Onions & Spices
- H3- REGULAR SUB . . . 8.99  
American Meats & American Cheese
- H4- TUNA SALAD HOAGIE . . . 10.99
- H5- BOILED HAM HOAGIE . . . 9.99
- H6- CORNED BEEF HOAGIE . . . 12.99
- H7- ROAST BEEF HOAGIE . . . 12.49
- H8- TURKEY HOAGIE (Hand Carved) . . . 12.99
- H9- CHICKEN SALAD . . . 10.99
- H10- DELI TURKEY HOAGIE . . . 10.99

## BEN'S CRAZY JUMBO COMBOS . . . 18.99

MAKE YOUR OWN COMBINATION  
A HUGE 16oz. (pound plus) SANDWICH  
WITH (2) ITEMS BELOW:

Corned Beef, Pastrami, Salami, Chopped Liver, Roast Beef,  
Brisket of Beef, White Meat Turkey  
Add any toppings of your choice

We Offer Gluten Free Bread .95 extra

## mark's club sandwiches

- C1-KOSHER SALAMI, SLICED WHITE MEAT TURKEY & SWISS CHEESE CLUB . . . 13.99  
with Lettuce and Tomato
- C4-LIVERWURST, BACON & JARLSBERG CHEESE CLUB . . . 10.99  
with Lettuce, Tomato and Onion
- C5-CORNED BEEF, ROAST BEEF & SWISS CHEESE CLUB . . . 13.99  
with Coleslaw and Russian Dressing
- C6-ROAST BEEF, TURKEY BREAST & SWEET MUENSTER CLUB . . . 13.99  
with Lettuce & Tomato
- C7-TURKEY, BAKED HAM & SWISS CHEESE CLUB . . . 13.49  
with Lettuce & Tomato
- C8-BRISKET OF BEEF, PASTRAMI & SWISS CHEESE CLUB . . . 14.99  
with Coleslaw and Russian Dressing
- C11-TURKEY CLUB . . . 13.99  
with Sliced White Meat Turkey, Bacon, Lettuce & Tomato
- C12-HAM & SWISS CHEESE . . . 11.99  
with Lettuce & Tomato
- C13-CORNED BEEF & CHOPPED LIVER CLUB . . . 13.99  
with Tomato & Onion
- C14-TURKEY & PASTRAMI CLUB . . . 13.99  
with Lettuce, Tomato, Onion and Russian Dressing
- C15-PASTRAMI & CHOPPED LIVER CLUB . . . 13.99  
with Onion, Tomato, Coleslaw & Russian Dressing
- C16-TUNA SALAD, BACON & PROVOLONE CHEESE CLUB . . . 12.99  
with Lettuce & Tomato
- C18-SHRIMP SALAD & SWISS CHEESE CLUB . . . 16.99  
with Lettuce & Tomato
- C19-CHICKEN SALAD . . . 12.99  
with Bacon, Lettuce & Tomato
- C20-EGG SALAD . . . 11.49  
with Bacon, Lettuce & Tomato
- C21-CAN TUNA, HARD BOILED EGG & AMERICAN CHEESE . . . 12.49  
with Lettuce & Tomato
- C22-CORNED BEEF, PASTRAMI, CHOPPED LIVER & ONION . . . 13.99
- C23-ROAST BEEF & SWISS CHEESE CLUB . . . 13.99  
with Onion, Coleslaw and Russian Dressing
- C24-TURKEY, HAM & SWISS CHEESE CLUB . . . 13.99  
with Coleslaw and Russian Dressing
- C25-CHOPPED LIVER & BACON CLUB . . . 12.99  
with Onion, Lettuce & Tomato
- C26-ROAST BEEF & WHITE MEAT TURKEY . . . 13.99  
with Lettuce & Tomato
- C27-GRILLED CHICKEN BREAST, COOPER SHARP AMERICAN & BACON . . . 13.99  
with Lettuce & Tomato
- C28-GRILLED SALMON & BACON . . . 16.99  
with Lettuce, Tomato & Chipotle Mayo

All Hoagies Include Provolone Cheese, Lettuce, Tomato, Sliced Onions & Spices

## wrap it up

Choice of plain white, or wheat wrap. Gluten Free wrap (add.95)  
Served with mixed fruit or cole slaw

### W1 - GRILLED CHICKEN BREAST . . . 13.99

Grilled Vegetables and Lite American Cheese

### W2 - LOW-FAT TUNA SALAD OR LOW-FAT CHICKEN SALAD OR SEAFOOD SALAD . . . 12.99

with with Slender American Cheese Lettuce, Tomato,  
Onion and Roasted Peppers

### W3 - CRISPY CHICKEN WRAP . . . 13.99

with Bacon, Cheddar Cheese, Lettuce,  
Tomato, Onion & Ranch Dressing

### W4 - HAND CARVED TURKEY WRAP . . . 13.99

with Bacon, Havarti Cheese, Coleslaw and Russian Dressing

### W5 - CORNED BEEF & PASTRAMI WRAP . . 13.99

with Swiss Cheese, Coleslaw and Russian Dressing

### W6 - CHICKEN TERIYAKI WRAP . . . 13.99

Grilled Chicken with Teriyaki Sauce, White Rice,  
Caramelized Sauce, Onions, Mushrooms and Broccoli

### W7 - BBQ CHICKEN BREAST WRAP . . . 13.99

with Melted Cheddar Cheese, Fried Onions,  
Lettuce and Peppers

### W8 - REUBEN WRAP . . . 13.99

Hot Corned Beef, Sauerkraut, Swiss Cheese  
and Russian Dressing

### W9 - CHICKEN AND BEEF STEAK WRAP . . . 13.99

with American Cheese, Sautéed Peppers and Fried Onions

### W10 - GRILLED

### BALSAMIC CHICKEN BREAST . . . 13.99

with Romaine Lettuce, Feta Cheese,  
Broccoli, Tomato, Onion and Roasted Peppers  
Drizzled with Balsamic Vinaigrette

### W11 - HONEY DIJON

### ROASTED TURKEY WRAP . . . 13.99

Sweet Muenster Cheese, Lettuce, Tomato,  
Onion and Roasted Peppers

### W12 - CHIPOTLE WRAP . . . 13.99

Homemade Brisket, Coopersharp American,  
Lettuce, Tomato, Purple Onion and Chipotle mayo

### W13 - PORTABELLA MUSHROOM WRAP . . . 13.99

with Chicken Breast, Mozzarella Cheese,  
Fresh Spinach and Roasted Peppers

### W14 - CHICKEN EGGPLANT WRAP . . . 13.99

Grilled Chicken, Fried Eggplant, Feta Cheese,  
Romaine Lettuce, Tomato, Olives, Onion,  
Roasted Peppers and Ranch Dressing

### W15 - JEWISH HOAGIE WRAP . . . 13.99

Pastrami, Salami, Corned Beef, Roast Beef,  
Swiss Cheese, Lettuce, Tomato, Onion  
and Russian Dressing

### W16 - GRILLED CHICKEN

### CAESAR SALAD WRAP . . . 13.99

Grilled Tender Chicken Breast with Romaine Lettuce,  
Croutons, Diced Tomatoes, Black Olives, Roasted Peppers,  
Romano Cheese & Caesar Dressing

### W17 - GRILLED VEGGIE WRAP . . . 12.99

with Garden Fresh Grilled Vegetables  
seasoned in Olive oil and Lite Garlic

### W18 - GRILLED CHICKEN AVOCADO WRAP . . . 13.99

with Grilled Chicken, Bacon, Pepper Cheese, Lettuce, Tomato  
Avocado, Onion & Chipotle Mayo

### W19 - SMOKED TURKEY WRAP . . . 13.99

with Smoked Turkey, Turkey Bacon, Alpine Swiss,  
Shredded Lettuce, Tomato, & Non-Fat Mustard Dressing

### EXTRAS ON SANDWICHES ONLY

*Coleslaw & Russian Dressing 50¢ • Lean 50¢ • Sliced Tomato 50¢  
All Cheese 95¢ • Bacon \$1.50 • Hard Boiled Egg 75¢*

## grilled sandwiches

### L1 - REUBEN . . . 14.99

Hot Corned Beef & Melted Swiss Cheese with  
Sauerkraut & Russian Dressing,  
Served Open Face on Rye, Grilled to Perfection

### L2 - HOT PASTRAMI AND

### MELTED SWISS CHEESE . . . 14.99

with Homemade Coleslaw and Russian Dressing,  
Served Open Face on Fresh Rye Bread

### L3 - "THE STACK" - HOT CORNED BEEF, PASTRAMI & MELTED SWISS CHEESE . . . 15.99

with Homemade Coleslaw and Russian Dressing  
Served Open Face on Two Homemade Potato Latkas

### L4 - HOT BRISKET & CORNED BEEF . . . 14.99

Topped with Sauerkraut, Russian Dressing and Swiss Cheese,  
Served Open Face on Fresh Rye

### L5 - BREAST OF TURKEY, CRISP BACON & MELTED HAVARTI CHEESE . . . 14.99

with Homemade Coleslaw and Russian Dressing,  
Served Open Face on Fresh Rye

### L6 - TURKEY REUBEN . . . 14.99

Hand Carved Turkey & Melted Swiss Cheese  
with Sauerkraut & Russian Dressing,  
Served Open Face on Rye, Grilled to Perfection

### L7 - HOMEMADE TUNA SALAD and MELTED SWISS CHEESE . . . 14.99

with Sliced Tomato, Served Open Face on Toasted Rye

### L8 - GRILLED CHIPOTLE ROAST BEEF MELT . . . 14.99

with Havarti Cheese, Tomato, Purple Onion  
and Chipotle Mayo

## the hot grill

### HOT BRISKET OF BEEF SANDWICH . . . 17.99

with Brown Gravy, French Fries and Coleslaw

### HAND-CARVED

### HOT ROAST TURKEY SANDWICH . . . 16.99

with Turkey Gravy, French Fries and Coleslaw

### HOT PRIME ROAST BEEF SANDWICH . . . 16.99

With Brown Gravy, French Fries and Coleslaw

### GRILLED PORTABELLA

### MUSHROOM SANDWICH . . . 11.99

Served on a Kaiser Roll with Grilled Tomato, Garlic Spinach,  
Onion, Roasted Pepper and Melted Provolone,  
Served with French Fries

### GRILLED CHICKEN PORTABELLA MELT . . . 13.99

Grilled Chicken Breast, Portabella Mushroom,  
Sautéed Spinach & Roasted Peppers with Melted Provolone  
on a Kaiser Roll served with French Fries

### GRILLED TURKEY BURGER . . . 13.99

Served on a Kaiser Roll with a Green Vegetable,  
Lettuce and Tomato

### GRILLED VEGETABLE BURGER . . . 11.99

Served on a Kaiser Roll with a Green Vegetable,  
Lettuce and Tomato

### MONTE CRISTO . . . 12.99

Grilled Ham, Turkey & Swiss Cheese on  
Thick Challah French Toast, served with French Fries

### CRISPY CHICKEN

### PARMIGIANA SANDWICH . . . 12.99

Fried Tender Chicken Fingers covered with  
Melted Provolone Cheese and Marinara Sauce  
on a Fresh Kaiser Roll, served with French Fries

### CRISPY CHICKEN CLUB SANDWICH . . . 12.99

Fried Chicken Fingers with Melted Cheddar Cheese,  
Bacon, Lettuce and Tomato on a Kaiser Roll,  
served with French Fries



# bistro sandwiches

## B1 - TURKEY AVOCADO FLATBREAD CLUB . . . 13.99

with Fresh Turkey, Avocado, Bacon, Lettuce & Tomato with Chipolte Mayo on Grilled Flatbread served with Fresh Fruit

## B2 - GRILLED FLATBREAD SANDWICH . . . 13.99

with Low-Fat Chicken or Tuna or Seafood or Egg Salad with Leaf Lettuce, Slender American Cheese, Lettuce, Tomato, Purple Onion & Roasted Pepper served with Fresh Fruit Salad

## B3 - CHICKEN PESTO FLATBREAD SANDWICH . . . 13.99

with Grilled Chicken Breast, Pesto Sauce, Roast Pepper, Ripe Tomato & Melted Provolone served with Fresh Fruit Salad

## B4 - GRILLED CHICKEN & AVOCADO SANDWICH . . . 13.99

with Sliced Chicken Breast, Avocado, Diced Tomato & Purple Onions & Chipolte Mayo on a Toasted South Philly Seeded Roll served with Sweet Potato Fries

# chicken breast sandwiches

*Served on Freshly Baked Kaiser Roll, accompanied with French Fries, Coleslaw, Lettuce and Tomato Garnish*

## 1 - PLAIN GRILLED CHICKEN BREAST . . . 12.99

## 2 - "THE SKINNY" CHICKEN BREAST . . . 13.99

Chicken Breast with Turkey Bacon, Slender American Cheese, Grilled Tomato & Grilled Purple Onion

## 3 - SKY HIGH CHICKEN BREAST . . . 13.99

Topped with Crisp Bacon, with Swiss Cheese, Coleslaw and Russian Dressing

## 4 - GRILLED BARBECUED CHICKEN BREAST . . . 13.99

Smothered in Melted Cheddar Cheese and Topped with Sautéed Peppers & Onions

## 5 - TERIYAKI CHICKEN BREAST . . . 13.49

Brushed with Teriyaki Sauce & Topped with Grilled Pineapple

## 6 - CAJUN CHICKEN BREAST . . . 13.49

with a Spicy Cajun Seasoning, Melted Pepper Cheese, & Well-Done Fried Onions and Peppers

## 7 - BACON CHEDDAR CHICKEN BREAST . . . 13.99

Topped with Sautéed Onions

## 8 - MUSHROOM CHICKEN BREAST . . . 13.99

Topped with Sautéed Mushrooms and Melted Cheddar Cheese

## 9 - HONEY-DIJON CHICKEN BREAST . . . 13.99

Topped with a Delicious Honey-Dijon Sauce

## 10 - BUFFALO CHICKEN BREAST . . . 13.99

Grilled in Buffalo Wing Sauce with Bacon, Topped with Blue Cheese Crumbles

# hot sandwiches

## JUMBO KNOCKWURST (Boiled or Grilled) . . . 4.99

## INTERNATIONAL DOG . . . 8.99

Grilled Salami and Melted Provolone on a Grilled Knockwurst

## KOSHER STYLE TEXAS TOMMY . . . 6.99

Grilled Knockwurst with Bacon & Melted American Cheese

## TEXAS TOMMY . . . 5.99

## KOSHER HOT DOG (Boiled or Grilled) . . . 4.99

## HOT DOG (Boiled or Grilled) . . . 3.99

## ITALIAN MEATBALL WITH CHEESE . . . 6.99

## HAMBURGER (6oz.) . . . 5.99

## CHEESEBURGER (6oz.) . . . 6.49

## PORK ROLL . . . 6.99

## FRIED EGGS . . . 3.99

## BACON & EGGS . . . 5.49

## BACON, EGGS & CHEESE . . . 5.99

## HAM & EGGS . . . 5.99

## GRILLED CHEESE SANDWICH . . . 4.99

## GRILLED CHEESE & HAM . . . 7.49

## GRILLED CHEESE & BACON . . . 6.99

## GRILLED CHEESE & TOMATO . . . 5.99



# gourmet Angus burgers

*All Gourmet Burgers*

*served on a Kaiser Roll*

*with French Fries, Coleslaw, Lettuce & Tomato*

## BASIC BURGER (10 OZ.) . . . 11.99

## BASIC CHEESEBURGER (10 OZ.) . . . 12.49

**Or a Gourmet Burger with any one of the following toppings . . . 13.99**

- 1 - Sautéed mushrooms, sweet green peppers and onions
- 2 - american cheese and bacon
- 3 - ham and melted american cheese
- 4 - mushrooms and bacon and havarti cheese
- 5 - mushrooms and cheddar cheese
- 6 - avocado, bacon and cooper american cheese
- 7 - melted pizza cheese and sauce
- 8 - mushrooms and american cheese
- 9 - cheddar cheese and bacon
- 10 - canadian bacon and cheddar cheese

## *Philly Style*

# chicken or beef steak sandwiches

served with chips and pickle

- 1 - with Sautéed Onions . . . 9.99
  - 2 - with Lite American Cheese . . . 10.49
  - 3 - with Melted Provolone Cheese, Sautéed Onions & Pizza Sauce . . . 10.49
  - 4 - with Sautéed Mushrooms . . . 10.49
  - 5 - with Sautéed Peppers . . . 10.49
- Hoagie with Tomato, Raw Onions & Oregano . . . 10.49

## **BEN & IRV SPECIAL STEAK . . . 11.99**

**with Melted Provolone Cheese, Sautéed Onions, Mushrooms, Sweet Peppers and Pizza Sauce, served on a Freshly Baked Italian Roll. Choose Beef or Chicken**

## **BROILED JUMBO LUMP CRAB & SHRIMP CAKE SANDWICH . . . 16.99**

(lightly fried) topped with Frizzled Onions, served with French Fries and Coleslaw on a Kaiser Roll



## **BEN & IRV'S BALTIMORE STYLE JUMBO LUMP CRAB CAKE SANDWICH . . . 16.99**

Fresh Succulent Lightly breaded Jumbo Lump Crab Cake on a Fresh Kaiser Roll topped with Grilled Purple Onions, Grilled Tomato & Onion Ring, Lettuce & Tomato



# dinner at ben & irv's

Platter prices shown below include a choice either Soup, Appetizer or Salad and Two Vegetables

## APPETIZERS

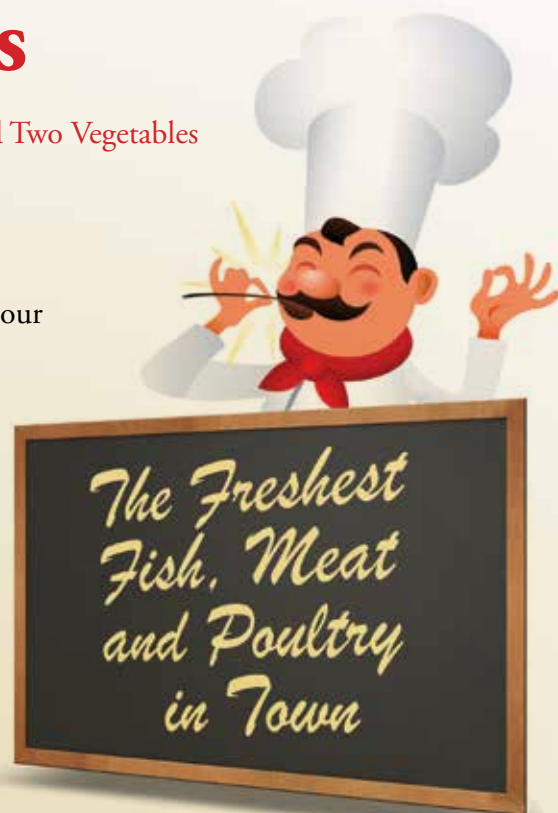
Chilled Tomato Juice • Pineapple Juice  
Orange Juice • Apple Juice • Grapefruit Juice  
Fresh Fruit Cup • Chopped Chicken Livers

## SOUP DU JOUR

Chicken Noodle  
Mushroom Barley • Soup du Jour  
*Add \$1.00 for  
Matzoh Ball, Cabbage  
Borscht or Kreplach*

## VEGETABLES

Baked Sweet Potato • Baked Potato • Mash Red Bliss Potatoes • French Fries  
Potato Salad • Potato Pancake • Apple Sauce • Cucumber Salad • Coleslaw  
Fried Eggplant • Creamed Spinach • Glazed Carrots • Italian Zucchini  
Broccoli • Vegetables du Jour (if available)



## seafood entrées

- BROILED FILET OF NORWEGIAN SALMON . . . 23.99**
- FRIED BUTTERFLY SHRIMP . . . 17.99**
- BROILED FILET OF FLOUNDER . . . 16.99**
- BROILED FILET OF FLOUNDER . . . 21.99**  
Stuffed with Crabmeat
- BROILED FRESH SEA SCALLOPS . . . 23.99**
- DEEP FRIED SEA SCALLOPS . . . 17.99**
- DEEP FRIED OYSTERS . . . 17.99**
- BROILED FRESH SAINT PETERS FISH . . . 19.99**
- HOMEMADE SHRIMP-CRAB CAKES . . . 22.99**  
**TWO BALTIMORE STYLE**
- LUMP MEAT CRAB CAKES . . . 22.99**

## meat entrées

- BROILED 14 OZ. RACK OF LAMB . . . 28.99**
- “POUND PLUS” GARLIC RIB STEAK . . . 27.99**  
with Onion Ring
- ROASTED GARLIC 10OZ. SIRLOIN STRIP STEAK . . . 21.99**
- ROAST BRISKET OF BEEF . . . 18.99**  
with Kasha & Bowties or two Vegetables
- SAUTÉED BABY CALVES LIVER . . . 17.99**  
with Onions & Bacon
- BAKED VIRGINIA HAM STEAK . . . 16.99**  
with Pineapple ring
- 12OZ. CHARBROILED CHOPPED ANGUS SIRLOIN STEAK . . . 16.99**  
with Onions
- 2 JUMBO JEWISH KNOCKWURST . . . 14.99**  
Boiled or Grilled
- SWEET & SOUR STUFFED CABBAGE . . . 17.99**
- HOMEMADE FLANKEN IN THE POT . . . 17.99**  
with Cabbage Borscht and one Vegetable
- CHAR GRILLED PORK CHOPS . . . 16.99**
- HOMEMADE SWEET & SOUR MEATBALLS . . . 15.99**

## poultry entrées

- 1/2 ROAST DUCKLING . . . 23.99**  
with Orange Sauce and Rice Pilaf
- TURKEY LONDON BROIL . . . 17.99**
- STUFFED BREAST OF CAPON . . . 16.99**
- ROAST VERMONT TURKEY with Stuffing . . . 17.99**
- 1/2 HONEY ROAST CHICKEN with Stuffing . . . 17.99**
- 1/2 BROILED CHICKEN with Peach Half . . . 17.99**
- 1/2 ROAST CHICKEN with Stuffing . . . 17.99**
- 1/2 BAR-B-QUE CHICKEN . . . 17.99**
- 1/2 SOUTHERN FRIED CHICKEN . . . 17.99**
- CHICKEN PARMIGIANA . . . 17.99**  
with Spaghetti or two Vegetables
- CHICKEN IN THE POT . . . 17.99**  
with Matzoh Ball, Kreplach & Noodles
- GRILLED TURKEY CHOPPED STEAK . . . 17.99**
- GRILLED BONELESS CHICKEN BREAST**
  - Plain . . . 16.99
  - Marsala . . . 17.99
  - Dijon . . . 17.99
  - Teriyaki . . . 17.99
  - Shrimp Scampi . . . 19.99
- ROAST GARLIC CHICKEN BREAST (over rice) . . . 17.99**
- CALIFORNIA ORANGE-HONEY CHICKEN BREAST (over rice) . . . 17.99**
- BROILED WALNUT APRICOT CHICKEN BREAST . . . 17.99**
- HOMEMADE CHICKEN CROQUETTES . . . 15.99**  
over Mashed Potatoes & (1) Vegetable
- HOMEMADE TURKEY MEATLOAF . . . 15.99**

# cereals & fruit

**FROSTED FLAKES, RAISIN BRAN, or OATMEAL with Milk . . . 3.99**

**Banana or Raisins 0.99 Extra**

**Strawberries in Season 1.50 Extra**

**FRESH FRUIT CUP . . . 4.99**

**MELON (In Season) . . . 3.99**



## country fresh eggs

Served with Potatoes, Bread and Butter

**TWO EGGS (ANY STYLE) . . . 5.99**

**Egg Beaters or Egg Whites \$1.00 Extra**

**Substitute Fresh Fruit for Potatoes \$1.00 Extra**

## fluffy omelettes

Three Egg Omelettes

Served with Potatoes, Bread and Butter

**Egg Beaters or Egg Whites \$1.00 Extra**

**Substitute Fresh Fruit for Potatoes \$1.00 Extra**

**NOVA LOX & ONION OMELETTE . . . 12.99**

**LOX & ONION OMELETTE . . . 12.99**

**LOW-FAT TURKEY OMELETTE . . . 9.99**

with Turkey Bacon or Turkey Sausage

**BACON & CHEESE OMELETTE . . . 10.99**

**CORNED BEEF OMELETTE . . . 10.99**

**PASTRAMI OMELETTE . . . 10.99**

**REUBEN OMELETTE . . . 11.99**

**SALAMI OMELETTE . . . 10.99**

**BACON OMELETTE . . . 9.99**

**HAM OMELETTE . . . 8.99**

**SWEET MUENSTER CHEESE**

**OMELETTE . . . 7.99**

**JARLSBERG OMELETTE . . . 7.99**

**FETA CHEESE OMELETTE . . . 7.99**

**SWISS CHEESE OMELETTE . . . 7.99**

**COTTAGE CHEESE OMELETTE . . . 7.99**

**AMERICAN CHEESE OMELETTE . . . 7.99**

**MUSHROOM & CHEESE OMELETTE . . . 9.99**

**PEPPER & ONION OMELETTE . . . 7.99**

**FRESH TOMATO OMELETTE . . . 7.99**

**MUSHROOM OMELETTE . . . 8.99**

**WESTERN OMELETTE . . . 9.99**

**SPANISH OMELETTE . . . 8.99**

**VEGGIE OMELETTE . . . 9.99**

**ONION OMELETTE . . . 7.25**

**PLAIN OMELETTE . . . 6.99**

**SHRIMP & JUMBO LUMP CRABMEAT OMELETTE . . . 14.99**  
with Fresh Spinach, Tomato, Peppers, Onions & Havarti Cheese  
**Sorry, No Substitutions, any deletions same price**

**BRUCE'S TASTY OMELETTE . . . 9.99**  
with Egg Whites, Roasted Peppers, Fried Onions & Sweet Munchee Cheese  
Served with Potatoes  
**Sorry, No Substitutions, any deletions same price**

**MIM'S HEARTY OMELETTE . . . 9.99**  
Egg Whites, Peppers, Onions, Mushrooms, served with Lettuce and Tomatoes  
**Sorry, No Substitutions, any deletions same price**

**MICHAEL'S SPECIAL OMELETTE . . . 12.99**

Three Egg Omelette with Mushrooms, Peppers, Onions, Sausage, Bacon and Cheese, Served with Potatoes

**Sorry, No Substitutions, any deletions same price**

## from the griddle

**THREE GOLDEN PANCAKES or THICK CHALLAH FRENCH TOAST . . . 7.99**  
with Syrup or Jelly

**GLUTEN FREE PANCAKES . . . 8.99**

**SHORT STACK . . . 6.99**

**CHOCOLATE CHIP PANCAKES . . . 8.99**

**BLUEBERRY, STRAWBERRY OR BANANA PANCAKES . . . 8.99**

**BELGIAN WAFFLE with Syrup or Jelly . . . 7.99**

**Egg Beaters or Egg Whites \$1.00 Extra**

*\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs, may increase your risk of food-borne illness, especially if you have certain medical conditions.*



**LENNY'S SUNDAY BRUNCH . . . 64.99**

**Can be served any day of the week**

Chopped Herring, Whitefish Salad, Smoked Whitefish, Nova Scotia Lox, Kipperd Salmon, Sweet Muenster Cheese, Lettuce, Sliced Tomato, Cucumber Slices, Onion Slices, Black Olives and Six Bagels with Cream Cheese  
**- Feeds 4 people -**



## mini brunches

Served with Lettuce, Tomato, Black Olives,  
**Feeds 2 people**

- 1 - NOVA SCOTIA LOX & KIPPERED SALMON . . . 38.99
- 2 - NOVA SCOTIA LOX & JUMBO WHITEFISH . . . 36.99
- 3 - JUMBO WHITEFISH & KIPPERED SALMON . . . 36.99
- 4 - NOVA SCOTIA LOX & SMOKED SABLE . . . 42.99
- 5 - KIPPERED SALMON & WHITEFISH SALAD . . . 32.99
- 6 - NOVA SCOTIA LOX & WHITEFISH SALAD . . . 32.99
- 7 - KIPPERED SALMON & SMOKED SABLE . . . 42.99

**ASSORTED SMOKED FISH PLATTER . . . 42.99**

Whitefish, Kipperd Salmon, Nova Scotia Lox, Whitefish Salad, Chopped Herring, Lettuce, Tomato, Onion, Cucumber, Cream Cheese, Black Olives and Two Bagels  
**- Feeds 2 people -**

**HOMEMADE CREAM CHIPPED BEEF . . . 12.99**

Served over Toast with Potatoes  
*(Breakfast Only)*

**FRIED MATZOH . . . 8.99**

Served with Syrup or Jelly

**EGGS BENEDICT**

made with

**CANADIAN BACON . . . 12.99**

made with

**NOVA LOX . . . 16.99**

both come with Home Fries  
*(Breakfast Only)*

## on a bagel

**Gluten Free Bagels... 95 Cents Extra**

- \*A - BAGEL & CREAM CHEESE . . . 2.75
- B - BAGEL & KIPPERED SALMON SALAD . . . 13.99
- C - BAGEL, CREAM CHEESE & LOX (Salt) . . . 15.99
- D - BAGEL, CREAM CHEESE & NOVA SCOTIA SALMON (No Salt) . . . 15.99
- E - BAGEL, LOX & CREAM CHEESE SPREAD . . . 9.99
- F - BAGEL, CREAM CHEESE & SABLE . . . 19.99
- G - BAGEL, CREAM CHEESE & JUMBO WHITEFISH . . . 15.99
- H - BAGEL, CREAM CHEESE & KIPPERED SALMON . . . 16.99
- I - BAGEL, CREAM CHEESE & WHITEFISH SALAD . . . 13.99
- J - BAGEL CREAM CHEESE & CHIVES . . . 6.99
- K - BAGEL, CREAM CHEESE & CHOPPED HERRING . . . 13.99
- \*L - PIZZA BAGEL . . . 6.99  
with Melted Cheese and Pizza Sauce
- \*M - BAGEL, TOMATO & MELTED CHEESE . . . 5.99
- \*N-AVOCADO, BACON & MELTED NY AMERICAN CHEESE . . . 7.99

**AVOCADO TOAST**

On delicious Hearth Baked, Stone Ground, Multi Grain Bread  
Fresh Avocado with a hint of basil & tomato ..... 6.99  
with Nova Lox..... 13.99  
with Scrambled Egg..... 8.99  
with Grilled Shrimp..... 13.99

*All Above Sandwiches include Tomato, Lettuce, Onion, Cucumber and Olive Garnish, except where Starred (\*)*

## side orders

- HOME FRIES . . . 3.99
- FRENCH FRIES . . . 3.99
- SWEET POTATO FRIES . . . 4.99
- TURKEY SAUSAGE (4 Links) . . . 3.50
- TURKEY BACON (4 slices) . . . 3.50
- HAM STEAK (2 Slices) . . . 4.50
- PORK ROLL (3 Slices) . . . 3.99
- SCRAPPLE (2 Slices) . . . 3.50
- SAUSAGE (3 Links) . . . 3.50
- BACON (4 Slices) . . . 3.50

- CORNED BEEF HASH . . . 5.99
- CANADIAN BACON (3 Slices) . . . 4.99
- CREAM CHEESE . . . 0.75
- ENGLISH MUFFIN and BUTTER . . . 2.00
- TOAST and BUTTER . . . 2.00
- BAGEL and BUTTER . . . 2.00
- CINNAMON BUN (Toasted) . . . 3.50
- KAISER ROLL and BUTTER . . . 2.00
- BLUEBERRY or CORN MUFFIN . . . 2.99
- ASSORTED LOW-FAT MUFFINS . . . 2.99

# desserts

## ICE CREAM

Vanilla • Chocolate • Strawberry • Butter Pecan  
Fudge Twirl • Orange Sherbet • Cookies'n Cream • Coffee  
Cherry Vanilla • Chocolate Chip • Mint Chocolate Chip  
DISH OF ICE CREAM . . . Small 3.99 - Large 4.99

### SIDE ORDERS . . . 1.25 each

Cherries, Pineapples, Butterscotch, Marshmallows,  
Whipped Cream, Chocolate Syrup, Banana  
Hot Fudge, Strawberries or Walnuts

BELGIAN WAFFLE with Syrup and Butter . . . 6.99  
with Ice Cream, One or Two Flavors . . . 9.99

### WAFFLE & ICE CREAM EXTREME . . . 11.99

A Hot and Fluffy Waffle Loaded with Ice Cream  
Covered in Hot Fudge, Wet Walnuts, Crushed Cherries,  
Butterscotch & Loads of Whipped Cream,  
Topped with a Cherry

# cakes & such

NEW YORK STYLE CREAM CHEESE CAKE . . . 6.99  
with Cherries or Blueberries . . . 7.99  
ASSORTED PUDDINGS . . . 3.99  
CINNAMON BUNS . . . 2.99  
ASSORTED MUFFINS & low-fat muffins . . . 2.75  
MELON (In Season) . . . 3.99  
COLLOSAL CHOCOLATE LAYER CAKE . . . 6.99  
COLLOSAL CARROT CAKE . . . 6.99  
JEWISH APPLE CAKE . . . 5.99  
SPECIALTY CAKES . . . 6.99

# from our fountain

### SUPER SUNDAE . . . 7.99

Five Dips or Ice Cream Hot Fudge, Butterscotch,  
Crushed Cherries, Maple Walnuts, Globbs of Whipped Cream  
and Topped with a Cherry

### BANANA BONGO . . . 7.99

A Mug Full, Three Dips of Ice Cream, Nuts,  
Sliced Bananas and a Large Head of Creamy Marshmallow,  
Topped with a Cherry

### MAGIC MOUNTAIN . . . 7.99

A Mountain of Three Dips of Ice Cream, Chocolate Chips,  
Crushed Pineapple and Cherry, Whipped Cream,  
Topped with a Cherry

### BIG FRESSER . . . 8.99

Heaps of Ice Cream (5 Dips), Crushed Cherries, Sliced  
Bananas, Hot Fudge, Marshmallow... Whew! Maple Walnut  
and Can you Believe a Mountain of Whipped Cream Too!  
Topped with a Cherry



# kiddie corner

(Children only-12 & under) Includes kid size milk, juice or soda

### KIDDIE MAC & CHEESE . . . 6.99

### KIDDIE CHICKEN FINGERS (2 PIECES)

Ages 12 & under only . . . 6.99

with French Fries and Apple Sauce.

### HAMBURGER PATTY . . . 6.99

with French Fries and Apple Sauce

### SINGLE FRANKFURTER . . . 5.99

with French Fries and Apple Sauce

### GRILLED CHEESE with French Fries . . . 5.99

### SPAGHETTI and MEATBALL . . . 5.99

### SCRAMBLED EGGS with French Fries . . . 4.99

# sundaes



BANANA SPLIT (3 Dips) . . . 8.99  
PINEAPPLE SUNDAE . . . 5.99  
CHOCOLATE SUNDAE . . . 5.99  
MARSHMALLOW SUNDAE . . . 5.99  
STRAWBERRY SUNDAE . . . 5.99  
CHOCOLATE NUT SUNDAE . . . 6.99  
HOT FUDGE SUNDAE . . . 6.99  
BUTTERSCOTCH SUNDAE . . . 5.99  
FUDGE NUT SUNDAE . . . 7.50

### THICK MILK SHAKE . . . 4.99

Two Lavish Scoops of Ice Cream  
Served in a Large Glass

### ICE CREAM SODA . . . 4.99

Served in a Large Glass, Bubbling with  
2 Scoops of Ice Cream & Fluffed with Whipped Cream

### ORANGE ORGIES . . . 4.99

Orange Juice Blended with Orange Sherbet,  
Topped with Orange Slice

### CHOCOLATE

### EGG CREAM . . . 3.29/Glass

Blended Chocolate, Milk & Soda

### ORANGE SHERBET SPECIAL . . . 4.99

Orange Sherbet & Vanilla Ice Cream,  
Blended with Milk, Topped with Orange Slice

# beverages

*Free Refills on Fountain, Coffee and Tea*

JUICES: Tomato, Pineapple, Grapefruit, Apple or  
Fresh Orange Juice . . . (S) 2.50 - (L) 3.99

COFFEE - Regular or Brewed Decaffeinated . . . 2.50  
TEA . . . 2.50

MILK or CHOCOLATE MILK . . . 2.99

HOT CHOCOLATE . . . 2.99

ICED TEA or ICED COFFEE . . . 2.99

LEMONADE . . . 2.99

FOUNTAIN SODA: Pepsi, Diet Pepsi, Cherry Pepsi,  
Orange Soda, Mist or Root Beer . . . 2.99

BOTTLED SODAS (20 oz.) . . . 3.25

SNAPPLE DRINKS . . . 3.25

BOTTLED WATER . . . 2.95

DR. BROWN'S ORIGINAL . . . 3.25

20% GRATUITY WILL BE ADDED TO PARTIES OF 6 OR MORE AS WELL AS \$2 SHARING CHARGE

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