

WELCOME TO BEN & IRV'S

Catering at its
finest for
all occasions



Breakfast

Lunch

Dinner

215-355-2000

fax: 215-364-6638

1962 County Line Road, Huntingdon Valley, PA 19006 • www.benandirvs.com



soups

Cup Bowl

HOMEMADE SOUP OF THE DAY	3.99	5.99
HOMEMADE CHICKEN SOUP	3.99	5.99
MATZOH BALL or KREPLACH	4.99	6.99
HOMEMADE CABBAGE BORSCHT	4.99	6.99
COLD BORSCHT & SOUR CREAM.....	3.50	4.99

CROCK OF FRENCH ONION . . . 6.99

with Melted Cheese

All soups served with crackers only

Bread 2.50 extra

appetizer platters

NOVA SCOTIA or

REGULAR (Salty) LOX* . . . 23.99

with Crisp Lettuce, Tomato, Cucumber,
Onion and Greek Olives

KIPPERED SALMON* . . . 24.99

with Crisp Lettuce, Tomato, Cucumber,
Onion and Greek Olives

SMOKED SABLE* . . . 27.99

with Lettuce, Tomato, Cucumber,
Onion and Greek Olive

JUMBO WHITEFISH* . . . 21.99

with Lettuce, Tomato, Cucumber,
Onion and Greek Olives

WHITEFISH SALAD* . . . 16.99

with Lettuce, Tomato, Cucumber,
Onion and Greek Olives

CHOPPED HERRING* . . . 16.99

with Lettuce, Tomato, Cucumber,
Onion and Greek Olives

HOMEMADE PICKLED HERRING* . . . 16.99

in Cream Sauce with Lettuce, Tomato,
Cucumber, Onion and Greek Olives

LOW-FAT TUNA FISH SALAD or

ALBACORE TUNA SALAD . . . 16.99

with Lettuce, Tomato, Cucumber and Onion

HOMEMADE COLOSSAL SHRIMP SALAD . . . 22.99

with Lettuce, Tomato, Cucumber and Onion

LOW-FAT CHICKEN SALAD or

CHUNKY CHICKEN SALAD . . . 16.99

with Lettuce, Tomato, Cucumber and Onion

EGG SALAD . . . 12.99

with Lettuce, Tomato, Cucumber and Onion

CHOPPED LIVER . . . 16.99

with Lettuce, Tomato, Cucumber and Onion

SHRIMP COCKTAIL (5) . . . 18.99

with Lemon and Cocktail Sauce

Above Platters Include Bread and Butter

** Starred Items Include Cream Cheese*

**Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs, may increase your risk of food-borne illness, especially if you have certain medical conditions.*

hot appetizers

OUR FAMOUS

HOMEMADE CHEESE BLINTZES (3)

with Sour Cream or Apple Sauce . . . 14.99

with Blueberry or Cherry Topping . . . 15.99

FRIED POPCORN SHRIMP . . . 13.99

BREADED CHICKEN WINGS . . . 13.99

with Honey or Barbeque Sauce

HOT WINGS “BUFFALO STYLE” . . . 13.99

with Celery & Bleu Cheese Dressing

DIJON MUSHROOMS . . . 10.99

(Breaded and Fried)

HAND BATTERED ONION RINGS . . . 9.99

half order . . . 6.99

CHEESE FRENCH FRIES . . . 6.99

BASKET OF SWEET POTATO FRIES . . . 9.99

with Honey Mustard Sauce

half order . . . 6.99

FRIED MOZZARELLA STICKS . . . 11.99

with Marinara Sauce

BOARDWALK WAFFLE FRIES . . . 10.99

with Cheddar Cheese Sauce

half order . . . 8.99

KNISH - 3.99

Potato, Kasha, Spinach, Cheese, Blueberry, Cherry

POTATO PANCAKES (4) . . . 13.99

with Sour Cream or Apple Sauce

half order . . . 8.99

POTATO PIROGIES (8) . . . 11.99

Boiled or Fried

POTATO SKINS (4) . . . 8.99

with Bacon & Cheddar Cheese or

with Provolone & Pizza Sauce

APPETIZER SAMPLER . . . 16.99

Choice of any three from above

SHRIMP IN A BASKET (5) . . . 18.99

with French Fries and Coleslaw

CHICKEN FINGERS BASKET (5) . . . 17.99

with French Fries and Coleslaw

side orders

POTATO SALAD . . . 3.99

COLESLAW . . . 3.99

MACARONI SALAD . . . 3.99

HEALTH SALAD . . . 3.99

TOSSED SALAD . . . 6.99

KUGEL . . . 4.99

KASHA & BOWTIES . . . 5.99

LETTUCE & TOMATO . . . 2.99

HEARTS OF LETTUCE . . . 3.99

CUCUMBER SALAD . . . 3.99

APPLE SAUCE. . . 2.99

POTATO PANCAKE . . . 3.99

COTTAGE CHEESE . . . 3.99

AMERICAN CHEESE . . . 2.99

JARLSBERG CHEESE . . . 3.99

IMPORTED SWISS CHEESE. . . 3.99

FRENCH FRIES . . . 4.99



the salad bowl

SALAD DRESSINGS

Bleu Cheese • Russian • Caesar • Creamy Italian • Balsamic • French
Honey Mustard • Oil & Vinegar • Ranch • Asian Toasted Sesame
Low-fat Caesar • Non-fat Italian • Non-fat Honey Mustard

1S - BEN & IRV SPECIAL SALAD . . . 19.99

Large Tossed Salad with Tomato Wedges, Cucumber Slices, Croutons, Bacon, Hard Boiled Egg and Cold Shrimp, topped with Our Special Dressing

2S - CHEF SALAD . . . 16.99

Choice of Two Meats and One Cheese, Hard Boiled Egg, Tomato Wedges, and Cucumber, Black Olives, over Crisp Garden Greens

OR

with Tuna Salad . . . 16.99
with Chicken Salad . . . 16.99
with Seafood Salad . . . 16.99
with Chicken Breast . . . 16.99
with Egg Salad . . . 13.99

3S - CRISPY CHICKEN SALAD . . . 16.99

with Crispy Chicken, Bacon, Cheddar Cheese, Romaine Lettuce, Tomato, Onion and Ranch Dressing

4S - SPINACH SALAD . . . 13.99

Mushroom, Bacon, Onion, Croutons and Hard Boiled Egg

5S - WHOLE COLD SHRIMP PLATTER . . . 19.99

Fresh Jumbo Shrimp, Hard Boiled Egg, Cucumber Slices, Olives and Tomato Wedges

6S - DELUXE SALAD . . . 21.99

Tuna, Egg and Chicken Salad, Potato Salad, Coleslaw, Tomato Wedges, Cucumber Slices and Olives

7S - CHICKEN CAESAR SALAD . . . 16.99

Tossed with Delicious Caesar Dressing and Topped with Strips of Marinated Chicken Breast, Roasted Peppers, Grated Romano Cheese & Croutons
Plain Caesar Salad . . . 8.99
Grilled Shrimp Caesar Salad . . . 19.99

salad add ons

CHICKEN BREAST . . .6.99

SHRIMP 2.50ea

SALMON* . . . 12.99

AVOCADO . . . 2.75

17S - ASSORTED COLD CUTS

(can feed two) . . . 24.99

Corned Beef, Roast Beef, Pastrami, Turkey Breast, Swiss Cheese, Potato Salad, Coleslaw, Lettuce and Tomato



8S - FRIED EGGPLANT SALAD . . . 12.99

Fried Eggplant, Hard Boiled Egg, Tomato Wedges, Feta Cheese and Assorted Vegetables over Crisp Garden Greens

9S - MEDITERRANEAN SALAD . . . 24.99

Fresh Cold Shrimp, Fresh Jumbo Lump Crabmeat and Seafood Salad over a Large Tossed Salad with Tomato, Cucumber, Hard Boiled Egg and Croutons

10S - BALSAMIC MARINATED

GRILLED CHICKEN BREAST . . . 17.99

Over a Tossed Salad with Tomato, Broccoli and Feta Cheese, Topped with Toasted Pita Bread Points

11S - GREEK SALAD . . . 13.99

Tossed Salad Topped with Tomatoes, Onions, Cucumbers, Olives, Hard Boiled Egg and Feta Cheese, served with Greek Dressing

12S - PORTABELLA

MUSHROOM PLATTER . . . 17.99

Grilled Portabella Mushrooms Topped with Low-Fat Tuna and Low-Fat Chicken Salad, Surrounded by Fresh Garden Vegetables, Served with your Choice of Dressing

13S - "OUR FAMOUS"

CHINESE CHICKEN SALAD . . . 16.99

with Sliced Chicken Breast, Chinese Noodles, Mandarin Orange, Walnuts, Over Mixed Greens with Sesame Plum Dressing

14S - CHOPPED CHICKEN SALAD . . . 17.99

with Chopped Romaine, Spring Mix & Iceberg Lettuce, Grilled Chicken, Cran Raisins, Pecans, Tomato, Carrots and Chunks of Bleu Cheese in our Special Bleu Cheese Vinaigrette

15S - AVOCADO CHICKEN SALAD . . . 18.99

with Romaine Lettuce, Sliced Chicken Breast, Avocado, Crumbled Bacon, Egg, Tomato and Diced Purple Onion served with Ranch Dressing

16S - FRESH FRUIT & HOMEMADE SALADS

with Chicken Salad . . . 16.99

with Chicken Waldorf Salad . . . 16.99

with Shrimp Salad . . . 20.99

with Tuna Salad . . . 16.99

with Egg Salad . . . 12.99

FRESH FRUIT

with Sherbet or Ice Cream . . . 9.99

18S - TUNA SALAD OR CHICKEN SALAD . . . 19.99

with Potato Salad, Coleslaw, Sliced Tomato, Lettuce, Sliced Cucumber & Black Olives

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healthy choice fitness menu

GREAT START - FITNESS BREAKFAST

We Offer Gluten Free Bread, Bagels & Wraps 1.00 extra

F1

BODY-BUILDER SPECIAL DOUBLE WRAP 12.99

With Egg Whites, Bacon, Sausage,
Ham, Mushrooms, Peppers, Onion &
Cheese, served with Home Fries

F2

STEAK AND EGGS* 24.99

A Juicy 10oz. Sirloin Steak
with Two Country Fresh Eggs,
served with Home Fries

BEN & IRV HIGH PROTEIN HE-MAN OMELETTES . . . 13.99

HUGE EGG WHITE OMELETTES

F4-1

Four Egg Whites Omelettes
with Low-Fat Ham, Peppers, Onions
and Low-Fat American Cheese,
served with Fresh Fruit

F4-2

Four Scrambled Egg Whites with
Sautéed Vegetables Topped With
Melted Slender American Cheese,
served with Fresh Fruit

F4-3

Four Egg Whites
Turkey Sausage Omelette
with Low-Fat American Cheese,
served with Fresh Fruit

F5

BEN & IRV ENERGIZING CARBO-FRUIT 10.99

Large bowl of
Cut-Up Fresh Fruit
Topped with Low-Fat Yogurt,
covered with Granola

F6

LOW-FAT CARDIO WRAP 10.99

Egg Whites, Portabella Mushrooms,
Sautéed Fresh Vegetables &
Low-Fat American Cheese,
served with Fresh Fruit
(Must Be In Wrap)

F7

TURKEY SAUSAGE, EGG WHITES & LOW-FAT AMERICAN CHEESE WRAP 10.99

served with Fresh Fruit
(Must Be In Wrap)

HEALTHY LUNCH BAR

F8

BEN & IRV COBB SALAD 17.99

A Mixed Green Salad with Chopped
Fresh Turkey Breast, Bacon, Crumbled
Bleu Cheese, Hard Boiled Egg, Tomato
& Olives with Choice of Dressing



F9

QUICHE OF THE DAY 15.99

(ask your Server)
served with
Fresh Fruit & Mixed Green Salad

F10

STRAWBERRY & CHICKEN SALAD (IN SEASON) 17.99

With Grilled Chicken Breast,
Strawberries, Mandarin Orange,
Sliced Toasted Almonds, Red Onion &
Sprinkled Feta Cheese over
Mixed Greens, served with
Sesame Plum Dressing

F11

BROILED SESAME-PLUM SALMON SALAD 22.99

Broiled Chunks of Marinated Fresh
Norwegian Salmon over a
Romaine & Mixed Green Salad with
Tomato, Cucumber, Black Olives
& Purple Onion Drizzled with
Sesame-Plum Dressing

F13

GRILLED CHICKEN BREAST WITH GRILLED PORTABELLA MUSHROOM 15.99

Grilled Purple Onion
with Crumbled Blue Cheese
on an Oversized
English Muffin,
served with
Sweet Potato Fries

F14

STUFFED VEGGIE PITA 11.99

Grilled Vegetable Burger
stuffed in a Pita Pocket
with Shredded Lettuce,
Tomato & Onion,
served with
Fresh Fruit Salad

F15

OCEANIC SALAD 24.99

Fresh Grilled Shrimp. Jumbo Lump
Crabmeat, Crumbled Bacon, Crumbled
Feta, Fried Eggplant, Fresh Spinach,
Romaine & Iceberg, Tomato, Purple Onion
& Black Olives served with
Balsamic Vinaigrette

F16

LOW-FAT TURKEY BURGER* 15.99

With Grilled Tomato,
Grilled Purple Onion
with Melted Low-Fat
American Cheese on an
Oversized English Muffin,
served with Sweet Potato Fries

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healthy choice fitness menu

DINNER AT THE SPA

F17

**BROILED
SESAME-PLUM SALMON***
26.99

Broiled Filet of Salmon
with Mandarin Oranges topped in a
Sesame-Plum Sauce,
served with Two Vegetables.
Choice of Soup, Salad or
Fruit Salad

F18

**MANDARIN
CHICKEN BREAST**
19.99

Broiled Tender Chicken Breast
with Mandarin Oranges
topped in a Sesame-Plum Sauce with
Walnut Pieces, served with
Two Vegetables.
Choice of Soup, Salad or Fruit Salad

F19

**LOW-FAT
HONEY DIJON
CHICKEN STIR FRY**
17.99

With Grilled Chicken Breast &
Fresh Vegetables in a Non-Fat
Honey Dijon Sauce, served over
White Rice. Choice of Soup,
Salad or Fruit Salad

F20

**TASTE OF THE SEA
SIMPLY GRILLED SHRIMP,
SCALLOPS & SALMON***
26.99

served with Rice
& Two Vegetables
Choice of Soup,
Salad or Fruit Salad

F21

**SLICED GRILLED
CHICKEN BREAST
(WITH TWO VEGETABLES)**
19.99

over Fresh Spinach, Diced Plum Tomatoes,
Garlic & Provolone Cheese over
Homemade Marinara Sauce served
Choice of Soup,
Salad or Fruit Salad

!!! LOW CARB SPECIAL !!!

F22

**OVERSIZED GRILLED
CHICKEN CHEESESTEAK
PLATTER (NO BREAD)**
14.99

with Havarti Cheese, Bacon, Peppers,
Mushrooms & Onions served with one
Vegetable & Tossed Salad
(Soup of the Day may be substituted for Salad)

HEALTHY & LITE MEALS

F23

FITNESS SALAD
13.99

Fresh Sliced Oven Roasted
Turkey Breast & Low-Fat
Alpine Lace Swiss Cheese,
Over Fresh Spinach Leaves,
Romaine, Iceberg & Mixed Greens,
served with your Choice of Dressing

F24

**SLICED BREAST OF
WHITE MEAT TURKEY**
17.99

with Fresh Fruit Salad and
Garden
Vegetables,
Choice of Dressing

F25

**OVER-STUFFED PORTABELLA
VEGGIE PITA**
12.99

Stuffed Pita Pocket with
Grilled Portabella Mushroom,
Grilled Tomato, Garlic Spinach, Onion,
Roasted Peppers & Crumbled Feta,
served with Fresh Fruit

F26

STUFFED PITA POCKET
14.99

Filled with either All White Meat
Tuna Salad or
Chicken Salad with
Lettuce and Tomato

F27

LOW FAT CHOPPED SALAD
15.99

Fresh Turkey,
Slender American Cheese,
Lettuce, Tomato, Cucumber,
Rice Noodles, Pecans
and our Special Fat-Free
Honey Mustard Dressing

F28

**CHICKEN
WALDORF SALAD**
16.99

Homemade Chicken Salad with
Walnuts, Apples and
Raisins with Garden Fresh Vegetables

F29

**GRILLED
VEGETABLE HOAGIE**
11.99

with Broccoli, Spinach, Mushrooms, Tomatoes,
Peppers, Onions with Light American Cheese
on a Toasted Italian Roll, served with Mixed Fruit

F30

STUFFED TOMATO
16.99

Filled with our Delicious Homemade
Chicken Salad or Tuna Salad or Seafood Salad,
served with Fruit and
Spring Mixed Salad with a Balsamic Vinaigrette

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B & I Special

ANY SANDWICH

add French Fries or Onion Rings or Sweet
Potato Fries and a Fountain Beverage
\$4.99 extra (**EAT IN ONLY**)

cold sandwiches

CORNED BEEF . . . 14.49

CORNED BEEF SPECIAL . . . 14.99
with Coleslaw and Russian Dressing

ROAST BEEF . . . 14.49

ROAST BRISKET OF BEEF . . . 14.99

NEW YORK PASTRAMI . . . 14.49

PASTRAMI . . . 14.49

HAND CARVED ROAST TURKEY . . . 14.49

DELI TURKEY BREAST . . . 12.49

TURKEY PASTRAMI . . . 12.99

SMOKED TURKEY BREAST . . . 12.99

LOW-FAT TUNA SALAD . . . 11.99

ALBACORE TUNA SALAD . . . 12.99

LOW-FAT CHICKEN SALAD . . . 11.99

CHUNKY CHICKEN SALAD . . . 12.99

SHRIMP SALAD . . . 19.99

SEAFOOD SALAD . . . 12.99

KOSHER SALAMI . . . 13.99

KOSHER BOLOGNA . . . 12.99

TONGUE . . . 18.99

DANISH HAM . . . 10.99

BAKED VIRGINIA HAM . . . 10.99

HARD JEWISH SALAMI . . . 14.99

CHOPPED LIVER . . . 12.99

DUTCH STYLE LIVERWURST . . . 8.99

EGG SALAD . . . 9.99

BACON, LETTUCE & TOMATO . . . 9.99

hoagies

H1- SOUTH PHILLY ITALIAN HOAGIE . . . 13.99

with Imported Italian Meats-Genoa Salami, Sopressata,
Capocollo, Prosciutto, Aged Sharp Provolone,
Shredded Lettuce, Roasted Peppers, Extra Virgin Olive Oil
& Italian Spices

H2- JEWISH HOAGIE . . . 14.99

Corned Beef, Roast Beef, Salami, Swiss Cheese, Pastrami,
Lettuce, Tomato, Sliced Onions & Spices

H3- REGULAR SUB . . . 10.99

with Bologna, Imported Ham, Salami, American Cheese

H4- TUNA SALAD HOAGIE . . . 12.99

H5- BOILED HAM HOAGIE . . . 11.99

H6- CORNED BEEF HOAGIE . . . 14.99

H7- ROAST BEEF HOAGIE . . . 14.99

H8- TURKEY HOAGIE (Hand Carved) . . . 14.99

H9- CHICKEN SALAD . . . 12.99

All Hoagies Include Provolone Cheese, Lettuce, Tomato, Sliced Onions & Spices

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BEN'S CRAZY JUMBO COMBOS . . . 22.99

MAKE YOUR OWN COMBINATION
A HUGE 16oz.(pound plus) SANDWICH
WITH (2) ITEMS BELOW:

Corned Beef, Pastrami, Salami, Chopped Liver, Roast Beef,
Brisket of Beef, White Meat Turkey
Add up to 2 toppings of your choice

We Offer Gluten Free Bread & WRAPS \$1.50 extra
We Offer Gluten Free Bagels 2.50 extra

mark's club sandwiches

C1-KOSHER SALAMI, SLICED WHITE MEAT
TURKEY & SWISS CHEESE CLUB . . . 15.99

with Lettuce and Tomato

C4-LIVERWURST, BACON &
JARLSBERG CHEESE CLUB . . . 12.99

with Lettuce, Tomato and Onion

C5-CORNED BEEF, ROAST BEEF &
SWISS CHEESE CLUB . . . 15.99

with Coleslaw and Russian Dressing

C6-ROAST BEEF, TURKEY BREAST &
NY AMERICAN CHEESE CLUB . . . 15.99

with Lettuce & Tomato

C7-TURKEY, BAKED HAM &
SWISS CHEESE CLUB . . . 15.49

with Lettuce & Tomato

C8-BRISKET OF BEEF, PASTRAMI &
SWISS CHEESE CLUB . . . 16.99

with Coleslaw and Russian Dressing

C11-TURKEY CLUB . . . 15.99

with Sliced White Meat Turkey, Bacon, Lettuce & Tomato

C12-HAM & SWISS CHEESE . . . 13.99

with Lettuce & Tomato

C13-CORNED BEEF &
CHOPPED LIVER CLUB . . . 15.99

with Tomato & Onion

C14-TURKEY & PASTRAMI CLUB . . . 15.99
with Lettuce, Tomato, Onion and Russian Dressing

C15-PASTRAMI &
CHOPPED LIVER CLUB . . . 15.99

with Onion, Tomato, Coleslaw & Russian Dressing

C16-TUNA SALAD, BACON &
PROVOLONE CHEESE CLUB . . . 14.99

with Lettuce & Tomato

C18-SHRIMP SALAD &
NY AMERICAN CHEESE CLUB . . . 19.99

with Lettuce & Tomato

C19-CHICKEN SALAD . . . 14.99

with Bacon, Lettuce & Tomato

C20-EGG SALAD . . . 13.49

with Bacon, Lettuce & Tomato

C21-TUNA SALAD, HARD BOILED EGG &
AMERICAN CHEESE . . . 14.49

with Lettuce & Tomato

C22-CORNED BEEF, PASTRAMI,
CHOPPED LIVER & ONION . . . 15.99

C23-ROAST BEEF &

SWISS CHEESE CLUB . . . 15.99

with Onion, Coleslaw and Russian Dressing

C24-TURKEY, HAM &
SWISS CHEESE CLUB . . . 15.99

with Coleslaw and Russian Dressing

C25-CHOPPED LIVER & BACON CLUB . . . 14.99

with Onion, Lettuce & Tomato

C26-ROAST BEEF & WHITE MEAT TURKEY . . . 15.99

with Lettuce & Tomato

C27-GRILLED CHICKEN BREAST,
COOPER SHARP AMERICAN & BACON . . . 15.99

with Lettuce & Tomato

C28-GRILLED SALMON & BACON . . . 18.99

with Lettuce, Tomato & Chipotle Mayo

wrap it up

Choice of plain white, or wheat wrap. Gluten Free wrap (add 1.00)
Served with mixed fruit or cole slaw

W1 - GRILLED CHICKEN BREAST . . . 14.99

Grilled Vegetables and Lite American Cheese

W2 - LOW-FAT TUNA SALAD OR LOW-FAT CHICKEN SALAD OR SEAFOOD SALAD . . . 14.99

with with Slender American Cheese Lettuce, Tomato,
Onion and Roasted Peppers

W3 - CRISPY CHICKEN WRAP . . . 14.99

with Bacon, Cheddar Cheese, Lettuce,
Tomato, Onion & Ranch Dressing

W4 - HAND CARVED TURKEY WRAP . . . 15.99

with Bacon, Havarti Cheese, Coleslaw and Russian Dressing

W5 - CORNED BEEF & PASTRAMI WRAP . . 15.99

with Swiss Cheese, Coleslaw and Russian Dressing

W6 - CHICKEN TERIYAKI WRAP . . . 14.99

Grilled Chicken with Teriyaki Sauce, White Rice,
Caramelized Sauce, Onions, Mushrooms and Broccoli

W7 - JEWISH SUSHI WRAP . . . 18.99

w/Nova Lox, White Fish Salad, a Schmear of
Chive Cream Cheese, Shredded Lettuce, Tomato, Onion

W8 - REUBEN WRAP . . . 15.99

Hot Corned Beef, Sauerkraut, Swiss Cheese
and Russian Dressing

W9 - CHICKEN AND BEEF STEAK WRAP . . . 15.99

with American Cheese, Sautéed Peppers and Fried Onions

W10 - GRILLED

BALSAMIC CHICKEN BREAST . . . 14.99

with Romaine Lettuce, Feta Cheese,
Broccoli, Tomato, Onion and Roasted Peppers
Drizzled with Balsamic Vinaigrette

W11 - HONEY DIJON

ROASTED TURKEY WRAP . . . 15.99

NY American Cheese, Lettuce, Tomato,
Onion and Roasted Peppers

W12 - CHIPOTLE WRAP . . . 15.99

Homemade Brisket, Coopersharp American,
Lettuce, Tomato, Purple Onion and Chipotle mayo

W13 - PORTABELLA MUSHROOM WRAP . . . 14.99

with Chicken Breast, Provolone Cheese,
Fresh Spinach and Roasted Peppers

W14 - CHICKEN EGGPLANT WRAP . . . 14.99

Grilled Chicken, Fried Eggplant, Feta Cheese,
Romaine Lettuce, Tomato, Olives, Onion,
Roasted Peppers and Ranch Dressing

W15 - JEWISH HOAGIE WRAP . . . 15.99

Pastrami, Salami, Corned Beef, Roast Beef,
Swiss Cheese, Lettuce, Tomato, Onion
and Russian Dressing

W16 - GRILLED CHICKEN

CAESAR SALAD WRAP . . . 14.99

Grilled Tender Chicken Breast with Romaine Lettuce,
Croutons, Diced Tomatoes, Black Olives, Roasted Peppers,
Romano Cheese & Caesar Dressing

W17 - GRILLED VEGGIE WRAP . . . 13.99

with Garden Fresh Grilled Vegetables
seasoned in Olive oil and Lite Garlic

W18 - GRILLED CHICKEN AVOCADO WRAP . . . 15.99

with Grilled Chicken, Bacon, Pepper Cheese, Lettuce, Tomato
Avocado, Onion & Chipotle Mayo

W19 - SMOKED TURKEY WRAP . . . 14.99

with Smoked Turkey, Turkey Bacon, Alpine Swiss,
Shredded Lettuce, Tomato, & Honey Mustard Dressing

EXTRAS ON SANDWICHES ONLY

*Coleslaw & Russian Dressing 50¢ • Lean 50¢ • Sliced Tomato 50¢
All Cheese 1.00 • Bacon \$1.50 • Hard Boiled Egg 95¢ • Avocado \$1.95*

grilled sandwiches

L1 - REUBEN . . . 16.99

Hot Corned Beef & Melted Swiss Cheese with
Sauerkraut & Russian Dressing,
Served Open Face on Rye, Grilled to Perfection

L2 - HOT PASTRAMI AND MELTED SWISS CHEESE . . . 16.99

with Homemade Coleslaw and Russian Dressing,
Served Open Face on Fresh Rye Bread

L3 - “THE STACK” - HOT CORNED BEEF, PASTRAMI & MELTED SWISS CHEESE . . . 17.99

with Homemade Coleslaw and Russian Dressing
Served Open Face on Two Homemade Potato Latkas

L4 - HOT BRISKET & CORNED BEEF . . . 16.99

Topped with Sauerkraut, Russian Dressing and Swiss Cheese,
Served Open Face on Fresh Rye

L5 - BREAST OF TURKEY, CRISP BACON & MELTED HAVARTI CHEESE . . . 16.99

with Homemade Coleslaw and Russian Dressing,
Served Open Face on Fresh Rye

L6 - TURKEY REUBEN . . . 16.99

Hand Carved Turkey & Melted Swiss Cheese
with Sauerkraut & Russian Dressing,
Served Open Face on Rye, Grilled to Perfection

L7 - HOMEMADE TUNA SALAD and MELTED SWISS CHEESE . . . 15.99

with Sliced Tomato, Served Open Face on Toasted Rye

L8 - GRILLED CHIPOTLE ROAST BEEF MELT . . . 16.99

with Havarti Cheese, Tomato, Purple Onion
and Chipotle Mayo

the hot grill

HOT BRISKET OF BEEF SANDWICH . . . 19.99

with Brown Gravy, French Fries and Coleslaw

HAND-CARVED

HOT ROAST TURKEY SANDWICH . . . 18.99

with Turkey Gravy, French Fries and Coleslaw

HOT PRIME ROAST BEEF SANDWICH* . . . 18.99

With Brown Gravy, French Fries and Coleslaw

GRILLED PORTABELLA

MUSHROOM SANDWICH . . . 13.99

Served on a Kaiser Roll with Grilled Tomato, Garlic Spinach,
Onion, Roasted Peppers and Melted Provolone,
Served with French Fries

GRILLED CHICKEN PORTABELLA MELT . . . 15.99

Grilled Chicken Breast, Portabella Mushroom,
Sautéed Spinach & Roasted Peppers with Melted Provolone
on a Kaiser Roll served with French Fries

GRILLED TURKEY BURGER* . . . 15.99

Served on a Kaiser Roll with a Green Vegetable,
Lettuce and Tomato

GRILLED VEGETABLE BURGER . . . 13.99

Served on a Kaiser Roll with a Green Vegetable,
Lettuce and Tomato

MONTE CRISTO . . . 14.99

Grilled Ham, Turkey & Swiss Cheese on
Thick Challah French Toast, served with French Fries

CRISPY CHICKEN

PARMIGIANA SANDWICH . . . 14.99

Fried Tender Chicken Fingers covered with
Melted Provolone Cheese and Marinara Sauce
on a Fresh Kaiser Roll, served with French Fries

CRISPY CHICKEN CLUB SANDWICH . . . 14.99

Fried Chicken Fingers with Melted Cheddar Cheese,
Bacon, Lettuce and Tomato on a Kaiser Roll,
served with French Fries

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bistro sandwiches

B1 - TURKEY AVOCADO FLATBREAD CLUB . . .15.99

with Fresh Turkey, Avocado, Bacon, Lettuce & Tomato with Chipolte Mayo on Grilled Flatbread served with Fresh Fruit

B2 - GRILLED FLATBREAD SANDWICH . . .15.99

with Low-Fat Chicken or Tuna or Seafood or Egg Salad with Leaf Lettuce, Slender American Cheese, Lettuce, Tomato, Purple Onion & Roasted Peppers served with Fresh Fruit Salad

B3 - CHICKEN PESTO FLATBREAD SANDWICH . . .15.99

with Grilled Chicken Breast, Pesto Sauce, Roast Peppers, Ripe Tomato & Melted Provolone served with Fresh Fruit Salad

B4 - GRILLED CHICKEN & AVOCADO SANDWICH . . .15.99

with Sliced Chicken Breast, Avocado, Diced Tomato & Purple Onions & Chipolte Mayo on a Toasted South Philly Seeded Roll served with Sweet Potato Fries

chicken breast sandwiches

Served on Freshly Baked Kaiser Roll, accompanied with French Fries, Coleslaw, Lettuce and Tomato Garnish

1 - PLAIN GRILLED CHICKEN BREAST . . . 14.99

2 - “THE SKINNY” CHICKEN BREAST. . . 15.99

Chicken Breast with Turkey Bacon, Slender American Cheese, Grilled Tomato & Grilled Purple Onion

3 - SKY HIGH CHICKEN BREAST . . . 15.99

Topped with Crisp Bacon, with Swiss Cheese, Coleslaw and Russian Dressing

4 - GRILLED BARBECUED CHICKEN BREAST . . . 15.99

Smothered in Melted Cheddar Cheese and Topped with Sautéed Peppers & Onions

5 - TERIYAKI CHICKEN BREAST . . . 15.49

Brushed with Teriyaki Sauce & Topped with Grilled Pineapple

6 - CAJUN CHICKEN BREAST . . . 15.49

with a Spicy Cajun Seasoning, Melted Pepper Cheese, & Well-Done Fried Onions and Peppers

7 - BACON CHEDDAR CHICKEN BREAST . . 15.99

Topped with Sautéed Onions

8 - MUSHROOM CHICKEN BREAST . . . 15.99

Topped with Sautéed Mushrooms and Melted Cheddar Cheese

9 - HONEY-DIJON CHICKEN BREAST . . . 15.99

Topped with a Delicious Honey-Dijon Sauce

10 - BUFFALO CHICKEN BREAST . . . 15.99

Grilled in Buffalo Wing Sauce with Bacon, Topped with Bleu Cheese Crumbles

hot sandwiches

JUMBO KNOCKWURST (Boiled or Grilled) . . . 5.99

INTERNATIONAL DOG . . . 9.99

Grilled Salami and Melted Provolone on a Grilled Knockwurst

KOSHER STYLE TEXAS TOMMY . . . 7.99

Grilled Knockwurst with Bacon & Melted American Cheese
TEXAS TOMMY . . . 6.99

KOSHER HOT DOG (Boiled or Grilled) . . . 5.99

HOT DOG (Boiled or Grilled) . . . 4.99

ITALIAN MEATBALL WITH CHEESE . . . 9.99

HAMBURGER* (6oz.) . . . 6.99

CHEESEBURGER* (6oz.) . . . 7.49

PORK ROLL . . . 7.99

FRIED EGGS* . . . 4.99

BACON & EGGS* . . . 6.49

BACON, EGGS & CHEESE* . . . 6.99

HAM & EGGS* . . . 6.99

GRILLED CHEESE SANDWICH . . . 5.99

GRILLED CHEESE & HAM . . . 8.49

GRILLED CHEESE & BACON . . . 7.99

GRILLED CHEESE & TOMATO . . . 6.99



gourmet Angus burgers*

*All Gourmet Burgers
served on a Kaiser Roll
with French Fries, Coleslaw, Lettuce & Tomato*

BASIC BURGER (10 OZ.) . . . 13.99

BASIC CHEESEBURGER (10 OZ.) . . . 14.99

**Or a Gourmet Burger with any one
of the following toppings . . . 15.99**

- 1 - Sautéed mushrooms, sweet green peppers and onions
- 2 - american cheese and bacon
- 3 - ham and melted american cheese
- 4 - mushrooms and bacon and havarti cheese
- 5 - mushrooms and cheddar cheese
- 6 - avocado, bacon and cooper american cheese
- 7 - melted pizza cheese and sauce
- 8 - mushrooms and american cheese
- 9 - cheddar cheese and bacon
- 10 - canadian bacon and cheddar cheese

Philly Style chicken or beef steak sandwiches

served with chips and pickle

- 1 - with Sautéed Onions . . . 10.99
 - 2 - with Lite American Cheese . . . 11.99
 - 3 - with Melted Provolone Cheese, Sautéed Onions & Pizza Sauce . . . 11.99
 - 4 - with Sautéed Mushrooms . . . 11.99
 - 5 - with Sautéed Peppers . . . 11.99
- Hoagie with Tomato, Cheese, Raw Onions & Oregano . . . 12.49

BEN & IRV SPECIAL STEAK 13.99

**with Melted Provolone Cheese, Sautéed Onions,
Mushrooms, Sweet Peppers and Pizza Sauce,
served on a Freshly Baked Italian Roll.
Choose Beef or Chicken**

BEN & IRV'S BALTIMORE STYLE JUMBO LUMP CRAB CAKE SANDWICH 21.99



Fresh Succulent Lightly breaded Jumbo Lump Crab Cake on a Fresh Kaiser Roll topped with Grilled Purple Onions, Grilled Tomato & Onion Ring, Lettuce & Tomato

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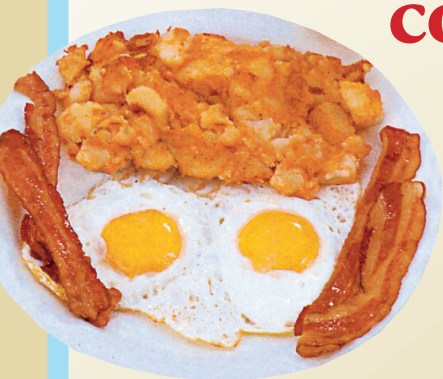
cereals & fruit

FROSTED FLAKES, RAISIN BRAN, or OATMEAL with Milk . . . 3.99

Banana or Raisins 1.50 Extra

Blueberries or Strawberries in Season 2.00 Extra

FRESH FRUIT CUP . . . 6.99



country fresh eggs*

Served with Potatoes, Bread and Butter

TWO EGGS* (ANY STYLE) . . . 6.99

Egg Beaters or Egg Whites \$1.00 Extra

Substitute Fresh Fruit for Potatoes \$1.50 Extra

Substitute Gluten Free Bread \$1.50 Extra

Substitute Gluten Free Bagel \$2.50 Extra

fluffy omelettes*

Three Egg Omelettes

Served with Potatoes, Bread and Butter

Egg Beaters or Egg Whites \$1.00 Extra

Substitute Fresh Fruit for Potatoes \$1.50 Extra

NOVA LOX & ONION OMELETTE . . . 14.99

LOX & ONION OMELETTE . . . 14.99

LOW-FAT TURKEY OMELETTE . . . 10.99

with Turkey Bacon or Turkey Sausage

BACON & CHEESE OMELETTE . . . 11.99

CORNED BEEF OMELETTE . . . 11.99

PASTRAMI OMELETTE . . . 11.99

REUBEN OMELETTE . . . 12.99

SALAMI OMELETTE . . . 11.99

BACON OMELETTE . . . 10.99

HAM OMELETTE . . . 9.99

JARLSBERG OMELETTE . . . 8.99

FETA CHEESE OMELETTE . . . 8.99

SWISS CHEESE OMELETTE . . . 8.99

COTTAGE CHEESE OMELETTE . . . 8.99

AMERICAN CHEESE OMELETTE . . . 8.99

MUSHROOM & CHEESE OMELETTE . . . 10.99

PEPPER & ONION OMELETTE . . . 8.99

FRESH TOMATO OMELETTE . . . 8.99

MUSHROOM OMELETTE . . . 9.99

WESTERN OMELETTE . . . 10.99

SPANISH OMELETTE . . . 9.99

VEGGIE OMELETTE . . . 10.99

ONION OMELETTE . . . 8.25

PLAIN OMELETTE . . . 7.99



*Add
Breakfast Meat
To Your Order*

SHRIMP & JUMBO LUMP CRABMEAT OMELETTE . . . 18.99

with Fresh Spinach,
Tomato, Peppers, Onions
& Havarti Cheese

**Sorry,
No Substitutions,
any deletions same price**

BRUCE'S TASTY OMELETTE . . . 10.99

with Egg Whites, Roasted
Peppers, Fried Onions &
NY American Cheese

Served with Potatoes
**Sorry, No Substitutions,
any deletions same price**

MIMI'S HEARTY OMELETTE . . . 9.99

Egg Whites, Peppers,
Onions, Mushrooms,
served with Lettuce
and Tomatoes

**Sorry,
No Substitutions,
any deletions
same price**

from the griddle

THREE GOLDEN PANCAKES or THICK CHALLAH FRENCH TOAST . . . 8.99

with Syrup or Jelly

GLUTEN FREE PANCAKES . . . 9.99

SHORT STACK . . . 7.99

CHOCOLATE CHIP PANCAKES . . . 9.99

BLUEBERRY, STRAWBERRY OR BANANA PANCAKES . . . 9.99

Egg Beaters or Egg Whites \$1.00 Extra

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LENNY'S SUNDAY BRUNCH . . . 75.99

Can be served any day of the week

Chopped Herring, Whitefish Salad, Smoked Whitefish,
Nova Scotia Lox, Kipperd Salmon, NY American Cheese,
Lettuce, Sliced Tomato, Cucumber Slices, Onion Slices,
Black Olives and Six Bagels with Cream Cheese

- Feeds 4 people -



mini brunches

Served with Lettuce, Tomato, Black Olives,

Feeds 2 people

- 1 - NOVA SCOTIA LOX & KIPPERED SALMON . . . 44.99
- 2 - NOVA SCOTIA LOX & JUMBO WHITEFISH . . . 42.99
- 3 - JUMBO WHITEFISH & KIPPERED SALMON . . . 42.99
- 4 - NOVA SCOTIA LOX & SMOKED SABLE . . . 47.99
- 5 - KIPPERED SALMON & WHITEFISH SALAD . . . 38.99
- 6 - NOVA SCOTIA LOX & WHITEFISH SALAD . . . 38.99
- 7 - KIPPERED SALMON & SMOKED SABLE . . . 47.99

ASSORTED SMOKED FISH PLATTER . . . 49.99

Whitefish, Kipperd Salmon, Nova Scotia Lox,
Whitefish Salad, Chopped Herring, Lettuce, Tomato, Onion,
Cucumber, Cream Cheese, Black Olives and Two Bagels

- Feeds 2 people -



**HOMEMADE
CREAM CHIPPED BEEF . . . 13.99**

Served over Toast with Potatoes
(Breakfast Only)

FRIED MATZOH . . . 8.99

Served with Syrup or Jelly

EGGS BENEDICT

made with
CANADIAN BACON . . . 13.99

made with

NOVA LOX . . . 17.99

both come with Home Fries
(Breakfast Only)

on a bagel

Gluten Free Bagels... \$2.50 Extra

- *A - BAGEL & CREAM CHEESE . . . 3.50
- B - BAGEL & KIPPERED SALMON SALAD . . . 15.99
- C - BAGEL, CREAM CHEESE & LOX (Salty) . . . 17.99
- D - BAGEL, CREAM CHEESE & NOVA SCOTIA SALMON (No Salt) . . . 17.99
- E - BAGEL, LOX & CREAM CHEESE SPREAD . . . 11.99
- F - BAGEL, CREAM CHEESE & SABLE . . . 21.99
- G - BAGEL, CREAM CHEESE & JUMBO WHITEFISH . . . 17.99
- H - BAGEL, CREAM CHEESE & KIPPERED SALMON . . . 18.99
- I - BAGEL, CREAM CHEESE & WHITEFISH SALAD . . . 15.99
- J - BAGEL CREAM CHEESE & CHIVES . . . 8.99
- K - BAGEL, CREAM CHEESE & CHOPPED HERRING . . . 15.99
- *L - PIZZA BAGEL . . . 8.99
- with Melted Cheese and Pizza Sauce
- *M - BAGEL, TOMATO & MELTED CHEESE . . . 7.99
- *N-AVOCADO, BACON & MELTED NY AMERICAN CHEESE . . . 9.99

AVOCADO TOAST

On delicious Hearth Baked,
Stone Ground, Multi Grain Bread

Fresh Avocado with a hint
of basil & tomato 8.99
with Nova Lox..... 14.99
with Scrambled Egg..... 9.99
with Grilled Shrimp..... 14.99

All Above Sandwiches include Tomato, Lettuce, Onion, Cucumber and Olive Garnish, except where Starred ()*

side orders

- HOME FRIES . . . 4.99
- TURKEY SAUSAGE* (4 Links) . . . 3.99
- TURKEY BACON* (4 slices) . . . 3.99
- HAM STEAK* (2 Slices) . . . 4.99
- PORK ROLL* (3 Slices) . . . 4.99
- SCRAPPLE* (2 Slices) . . . 3.99
- SAUSAGE* (3 Links) . . . 3.99
- BACON* (4 Slices) . . . 3.99
- CORNED BEEF HASH . . . 6.99
- CANADIAN BACON (3 Slices) . . . 5.99

- CREAM CHEESE . . . 1.00
- ENGLISH MUFFIN
and BUTTER . . . 2.50
- TOAST and BUTTER . . . 2.50
- BAGEL and BUTTER . . . 2.50
- CINNAMON BUN (Toasted) . . . 4.99
- KAISER ROLL and BUTTER . . . 2.50
- CORN MUFFIN . . . 4.99

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desserts

ICE CREAM

Vanilla • Chocolate • Strawberry • Butter Pecan
Fudge Twirl • Orange Sherbet • Cookies'n Cream • Coffee
Cherry Vanilla • Chocolate Chip • Mint Chocolate Chip
DISH OF ICE CREAM . . . Small 4.99 - Large 5.99

SIDE ORDERS . . . 1.25 each

Cherries, Pineapples, Butterscotch, Marshmallows,
Whipped Cream, Chocolate Syrup, Banana
Hot Fudge, Strawberries or Walnuts



sundaes

BANANA SPLIT (3 Dips) . . . 9.99
PINEAPPLE SUNDAE . . . 6.99
CHOCOLATE SUNDAE . . . 6.99
MARSHMALLOW SUNDAE . . . 6.99
STRAWBERRY SUNDAE . . . 6.99
CHOCOLATE NUT SUNDAE . . . 7.99
HOT FUDGE SUNDAE . . . 7.99
BUTTERSCOTCH SUNDAE . . . 6.99
FUDGE NUT SUNDAE . . . 8.50

cakes & such

NEW YORK STYLE CREAM CHEESE CAKE . . . 7.99
with Cherries or Blueberries . . . 8.99

RICE PUDDING . . . 4.99

CINNAMON BUNS . . . 4.99

ASSORTED MUFFINS (Ask your server) . . . 3.99

TRIPLE CHOCOLATE LAYER CAKE . . . 7.99

COLOSSAL CARROT CAKE . . . 7.99

JEWISH APPLE CAKE . . . 7.99

SPECIALTY CAKES . . . 7.99

from our fountain

SUPER SUNDAE . . . 8.99

Five Dips of Ice Cream Hot Fudge, Butterscotch,
Crushed Cherries, Maple Walnuts, Globs of Whipped Cream
and Topped with a Cherry

BANANA BONGO . . . 8.99

A Mug Full, Three Dips of Ice Cream, Nuts,
Sliced Bananas and a Large Head of Creamy Marshmallow,
Topped with a Cherry

MAGIC MOUNTAIN . . . 8.99

A Mountain of Three Dips of Ice Cream, Chocolate Chips,
Crushed Pineapple and Cherry, Whipped Cream,
Topped with a Cherry



kiddie corner

(Children only-12 & under) Includes kid size milk, juice or soda

KIDDIE MAC & CHEESE . . . 7.99

KIDDIE CHICKEN FINGERS (2 PIECES)

Ages 12 & under only . . . 7.99

with French Fries and Apple Sauce.

HAMBURGER PATTY* . . . 7.99

with French Fries and Apple Sauce

SINGLE FRANKFURTER . . . 6.99

with French Fries and Apple Sauce

GRILLED CHEESE with French Fries . . . 7.99

SPAGHETTI and MEATBALL . . . 7.99

SCRAMBLED EGGS* with French Fries . . . 6.99

CHICKEN NUGGETS . . . 7.99

with French Fries and Apple Sauce

ROAST TURKEY . . . 9.99

with French Fries and Apple Sauce

KIDDIE PANCAKES (2) or

FRENCH TOAST . . . 7.99

KIDDIE

CHOCOLATE CHIP PANCAKES (2) . . . 7.99

PEANUT BUTTER & JELLY with Apple Sauce . . . 5.99

20% GRATUITY WILL BE ADDED TO PARTIES OF 6 OR MORE AS WELL AS \$2 SHARING CHARGE

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