

# LUNCH MENU

MONDAY-FRIDAY | 11:30 AM - 2:30 PM



INCLUDES SOUP OF THE DAY OR JUICE + FOUNTAIN BEVERAGE



## ★ SIGNATURE SPECIALS

- LS-1 CORNED BEEF SPECIAL** ..... \$19.99  
Fresh juicy corned beef on rye bread with cole slaw & Russian dressing
- LS-2 KIPPERED SALMON SALAD OR WHITEFISH SALAD (NOVA LOX ADD \$2)** ..... \$18.99  
On your choice of bagel
- LS-3 HALF SIZE SANDWICH** ..... \$16.99  
On rye or mini challah roll. Choice of Corned Beef, Roast Beef, Pastrami, Turkey, Tuna Salad or Chicken Salad
- LS-4 STUFFED PITA POCKET** ..... \$18.99  
With Low-Fat Chicken or Tuna or Seafood or Egg Salad with lettuce, tomato & American cheese served with fresh fruit salad
- LS-5 HOT HOMEMADE PASTRAMI SPECIAL** ..... \$19.99  
With cole slaw & Russian dressing on fresh rye bread

## 🥙 WRAPS, HOAGIES, AND MORE

- LS-6 GRILLED CHICKEN AVOCADO WRAP** ..... \$18.99  
With grilled chicken, bacon, Cooper American cheese, lettuce, tomato, onion & chipotle mayo served with French fries
- LS-7 SOUTH PHILLY ITALIAN HOAGIE** ..... \$18.99  
With imported Italian meats – Genoa salami, sopressata, capocollo, prosciutto, provolone, shredded lettuce, roasted peppers, extra virgin olive oil & Italian spices
- LS-8 "THE STACK"** ..... \$21.99  
Piled high corned beef, pastrami, melted Swiss cheese, cole slaw & Russian dressing on top of a hot potato pancake

## 🥗 SALADS & LIGHTER FARE

- LS-9 LUNCH-SIZE CHICKEN CHOP SALAD** ..... \$20.99  
With chopped romaine, spring mix & iceberg lettuce, grilled chicken, cran-raisins, pecans, tomato, onion, carrots & chunks of bleu cheese in our special vinaigrette
- LS-10 EGG WHITE VEGGIE & LITE AMERICAN CHEESE OMELET** ..... \$15.99  
Served with mixed fruit
- LS-11 BACON, SAUSAGE & AMERICAN CHEESE OMELET** ..... \$16.99  
Served with French fries
- LS-12 LOW-CARB LUNCH** ..... \$22.99  
Grilled chicken cheese steak (no bread) with melted American cheese, bacon, mushrooms, peppers & onions served with a tossed garden salad

## 🍔 SANDWICHES & HANDHELDS

- LS-13 GRILLED CHICKEN & AVOCADO SANDWICH ...** \$19.99  
With sliced chicken breast, avocado, diced tomato & purple onion & chipotle mayo on a toasted South Philly seeded roll served with sweet potato fries
- LS-14 GRILLED CHICKEN & ROAST VEGETABLE WRAP** ..... \$18.99  
With slender American cheese served with sweet potato fries
- LS-15 HOMEMADE BALTIMORE STYLE CRAB CAKE SANDWICH** ..... \$24.99  
With lettuce & tomato served with French fries
- LS-16 HOMEMADE SWEET & SOUR MEATBALLS** ..... \$19.99  
Served with a potato pancake
- LS-17 10oz ANGUS BURGER WITH FRESH BACON & COOPER AMERICAN** ..... \$19.99  
On a Kaiser roll with lettuce & tomato served with French fries & cole slaw

## 🌿 CLASSICS & VEGETARIAN

- LS-18 HOMEMADE CHEESE BLINTZES** ..... \$19.99  
Served with your choice of cherry or blueberry topping & sour cream
- LS-19 OVER-STUFFED PORTABELLA VEGGIE PITA** ..... \$18.99  
Stuffed with grilled portabella mushroom, grilled tomato, garlic spinach, onion, roasted pepper & crumbled feta served with fresh fruit
- LS-20 LOW-FAT TURKEY BURGER** ..... \$19.99  
With grilled tomato, grilled purple onion with melted low-fat American on a toasted English muffin served with sweet potato fries



**\*\*CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOOD BORNE ILLNESS\*\***

**EAT IN ONLY • NO OTHER DISCOUNTS APPLY**